

Vision Media Marketing

Invoice

854 8th Street
Secaucus, NJ 07094

Date	Invoice #
1/2/25	7861

Bill To
Berkeley Heights Township 29 Park Ave. Berkeley Heights, NJ 07922

P.O. No.	Terms	Project

Description	Qty	Rate	Amount
Professional consulting services for January, 2025		2,500.00	2,500.00

Subtotal		\$2,500.00
Sales Tax (6.625%)		\$0.00
Total		\$2,500.00
Payments/Credits		\$0.00
Balance Due		\$2,500.00

Vision Media Marketing

Invoice

854 8th Street
Secaucus, NJ 07094

Date	Invoice #
2/3/25	7901

Bill To
Berkeley Heights Township 29 Park Ave. Berkeley Heights, NJ 07922

P.O. No.	Terms	Project

Description	Qty	Rate	Amount
Professional consulting services for February, 2025		2,500.00	2,500.00

Subtotal		\$2,500.00
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Total		\$2,500.00
Payments/Credits		\$0.00
Balance Due		\$2,500.00

These are all of the Facebook posts VMMI posted for us, and created graphics for. If these same posts are on the Township Instagram and/or Twitter accounts, VMMI posted those as well. The requester can look at those accounts for these posts if he wishes.



Berkeley Heights Township, Union County, NJ

January 2 · 🌐

...

January is National Blood Donor Month!

Every two seconds, someone in the U.S. needs blood. One donation can save up to three lives—your generosity makes a difference. ❤️

Find a donation center near you: <https://bit.ly/4fdThw8>, and follow the [Berkeley Heights Volunteer Rescue Squad](#) for additional blood drives in town.





Berkeley Heights Township, Union County, NJ

January 3 · 🌐



Stay informed with all the latest Township news! 📧 Sign up for:

- Email or Text Alerts to get major updates straight to your inbox or phone.
- Monthly E-Newsletter for a recap of everything happening in Berkeley Heights.
- Follow Us on social media for daily updates and announcements.

Don't miss out—sign up today! <https://mailchi.mp/4db6e3027d21/bhcommunications>





Berkeley Heights Township, Union County, NJ

...

January 6 · 🌐

Join Mayor Devanney's Wellness Book Club Thursday, January 9, 7PM at the Library as we discuss *Awe: The New Science of Everyday Wonder* by Dacher Keltner. Come in your coziest attire! Mocktails and snacks will be provided!



Berkeley Heights Township, Union County, NJ

...

January 7 · 🌐

Join us Tuesday, January 14 for a Dance Party Fundraiser benefiting the Berkeley Heights Volunteer Rescue Squad at DiscoRide! Grab a friend, relax and dance off the holiday goodies. Sign up today at <https://bit.ly/rescuesquadfundraiser>- only 30 slots available!



Berkeley Heights Township, Union County, NJ

January 7 · 🌐

...

The Township of Berkeley Heights is issuing a crucial advisory to all residents about fatbergs. A fatberg is a massive, rock-like mass of waste matter in a sewer system formed by the combination of flushed non-biodegradable solids (such as wet wipes) with fat, oil, and grease (FOG) deposits that have cooled and congealed to create sludge blockages in the system. Scraps and leftovers from dishes and cooking that are washed down the drain, add to the buildup.

As the blockage forms, sewage can overflow resulting in property damage and the spread of harmful toxins into local water sources. Please be mindful and help us keep our systems clear.

Read more here about Fatbergs and ways to prevent a Berg here

<https://www.berkeleyheights.gov/CivicAlerts.aspx?AID=881>





Berkeley Heights Township, Union County, NJ

January 8 · 🌐



Stay in the Know! Never miss out on what's happening around town!

📱 Sign up for text alerts, email updates, Newsletter and more to get the latest news and announcements right at your fingertips. Click 🖱️ <https://berkeleyheights.gov/list.aspx#>

📱 Don't forget to follow us on social for real-time updates and more
Fa... See more

Follow Us on Socials



Berkeley Heights Township, Union County, NJ

January 9 · 🌐



Today is National Law Enforcement Appreciation Day! 🚓 We want to thank the [Berkeley Heights Police](#) Department for their dedication, bravery, and service in keeping our community safe. Your hard work does not go unnoticed—thank you! ❤️❤️❤️



Berkeley Heights Police and 7 others

4 comments



Berkeley Heights Township, Union County, NJ is in Berkeley Heights.

...

January 10 · 🌐

The Berkeley Heights Board of Health invites Berkeley Heights residents to bring pets at least 6+ months old to Lower Columbia Pavilion for a free rabies clinic on Saturday, January 11, from 9-10 am. More information and requirements below. Contact 908-464-2700, ext. 2167 with questions. [#BerkeleyHeights](#) [#BerkeleyHeightsNJ](#) [#prts](#) [#rabies](#) [#rabiesclinic](#)



Berkeley Heights Township, Union County, NJ

...

January 13 · 🌐

Stormwater pollution is one of New Jersey's greatest threats to clean water supply! 💧 Don't LITTER! 🚫 Keeping our waters clean provides access to safe drinking, places for recreation, commercial opportunities, healthy wildlife habitats, and adds beauty to the landscape. How can YOU help? ❤️

Find out more 👉 <https://berkeleyheights.gov/1406/10394/Stormwater-Management>



Berkeley Heights Township, Union County, NJ

...

January 14 · 🌐

If you're on the Township robocall list, we called everyone this morning to remind them about door-to-door visit by NJ American Water contractor CDM Smith beginning today as part of the lead service line replacement program. More details below.



Berkeley Heights Township, Union County, NJ

...

January 15 · 🌐

Pick up the 🐾!!! Rain washes pollutants directly into our storm drains, which flow straight into our rivers, lakes, streams, and oceans. Please be mindful and pick up after your pet! 🐕🐾 Pet waste contains bacteria and other pollutants that can make people sick 🤢.

Learn more about stormwater management 👉

<https://www.berkeleyheights.gov/1406/Stormwater-Management>



Berkeley Heights Township, Union County, NJ

...

January 15 · 🌐

New Jersey Blood Services Blood Drive is happening tomorrow, January 16 from 1PM-7PM at the Mountain Ridge Bible Chapel. Please help save a life and donate ❤️

To schedule an appointment visit

https://donate.nybc.org/.../schedules/drive_schedule/326010



Berkeley Heights Township, Union County, NJ

...

January 16 · 🌐

Skip dinner duties or plan lunch with friends 🍷 Help support our local BH veterans during their Shake Shack event Tuesday, January 21 at the Bridgewater location!



Berkeley Heights Township, Union County, NJ

...

January 17 · 🌐

Join us and the Friends of the BH Public Library Tuesday, January 21 for a Meet & Greet 📖 from 7-8PM. Learn about activities and how to get involved. For more information, please visit <https://bhplnj.org/about-us/bhpl-friends/>

All are welcome! 😊

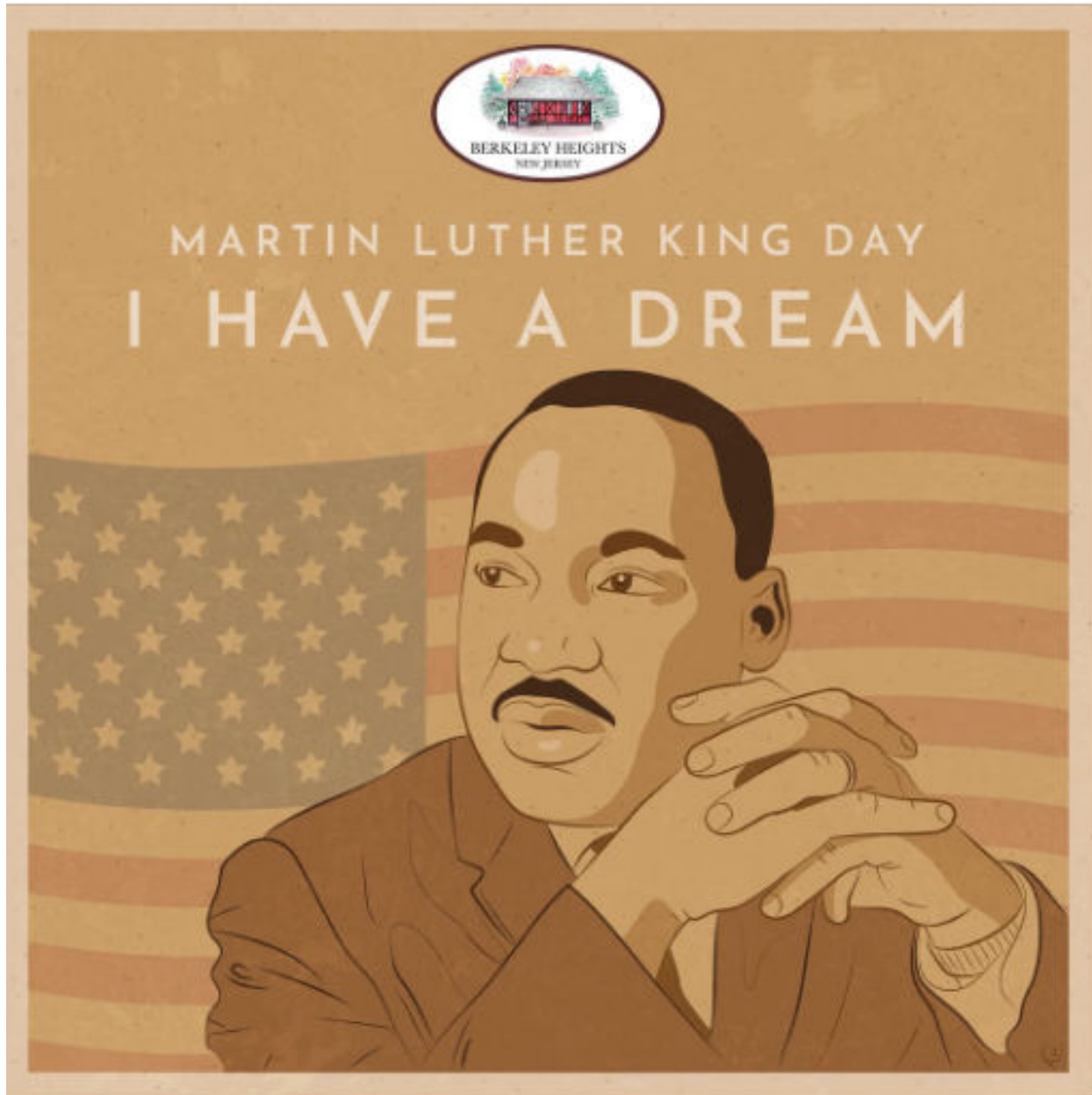


Berkeley Heights Township, Union County, NJ

...

January 20 · 🌐

Today, we honor the life and legacy of Dr. Martin Luther King Jr., who inspired the world with his dream of equality, justice, and peace. Let's work together to build a stronger, more inclusive community. Town Hall will closed today in observance of MLK.





Berkeley Heights Township, Union County, NJ

...

January 22 · 🌐

We invite you to join Mayor Devanney, the Township Council, distinguished guests and speakers to celebrate Black History Month with a Flag Raising Ceremony Tuesday, February 18, 6:30PM at Town Hall. The 2025 Black History Month theme is African Americans and Labor. All are welcome!



Berkeley Heights Township, Union County, NJ

...

January 23 · 🌐

Time for an oil change? 🚗 Rain washes pollutants directly into our storm drains, which flow straight into our rivers, lakes, streams, and oceans. You can help by recycling used oil at certified facilities and maintaining your vehicle to prevent leaks ♻️

Learn more about stormwater management 👉

<https://www.berkeleyheights.gov/1406/Stormwater-Management>



Berkeley Heights Township, Union County, NJ

...

January 29 · 🌐

Berkeley Heights celebrates Lunar New Year 2025, the Year of the Snake! 🧑‍🤝‍🧑 ✨ Wishing you prosperity, health, and happiness in the year ahead.



👍❤️ 14



Berkeley Heights Township, Union County, NJ



January 30 · 🌐

The February 2025 Happening in the Heights Newsletter is now available! Take a look at what's going on around town 📄

February Newsletter is Out!



& Latest HITV Video

BERKELEYHEIGHTS.GOV

February 2025 Township Newsletter is Out! (VIDEO)

Come see Wharton Community Players' 'The Moors' before show ends this weekend! Lunar New Year celebration, sr Valentine's Day luncheon, Mt. Carmel line dancing, Black History Month flag raising & this week's...



👍 1



Berkeley Heights Township, Union County, NJ

February 1 · 🌐



Berkeley Heights proudly commemorates Black History Month this February! Join us in celebrating the rich history, culture, and achievements of Black Americans. Let's honor their impact and work toward a brighter, more inclusive future. 🌟 Learn more and get involved: <https://www.si.edu/events/black-history-month>



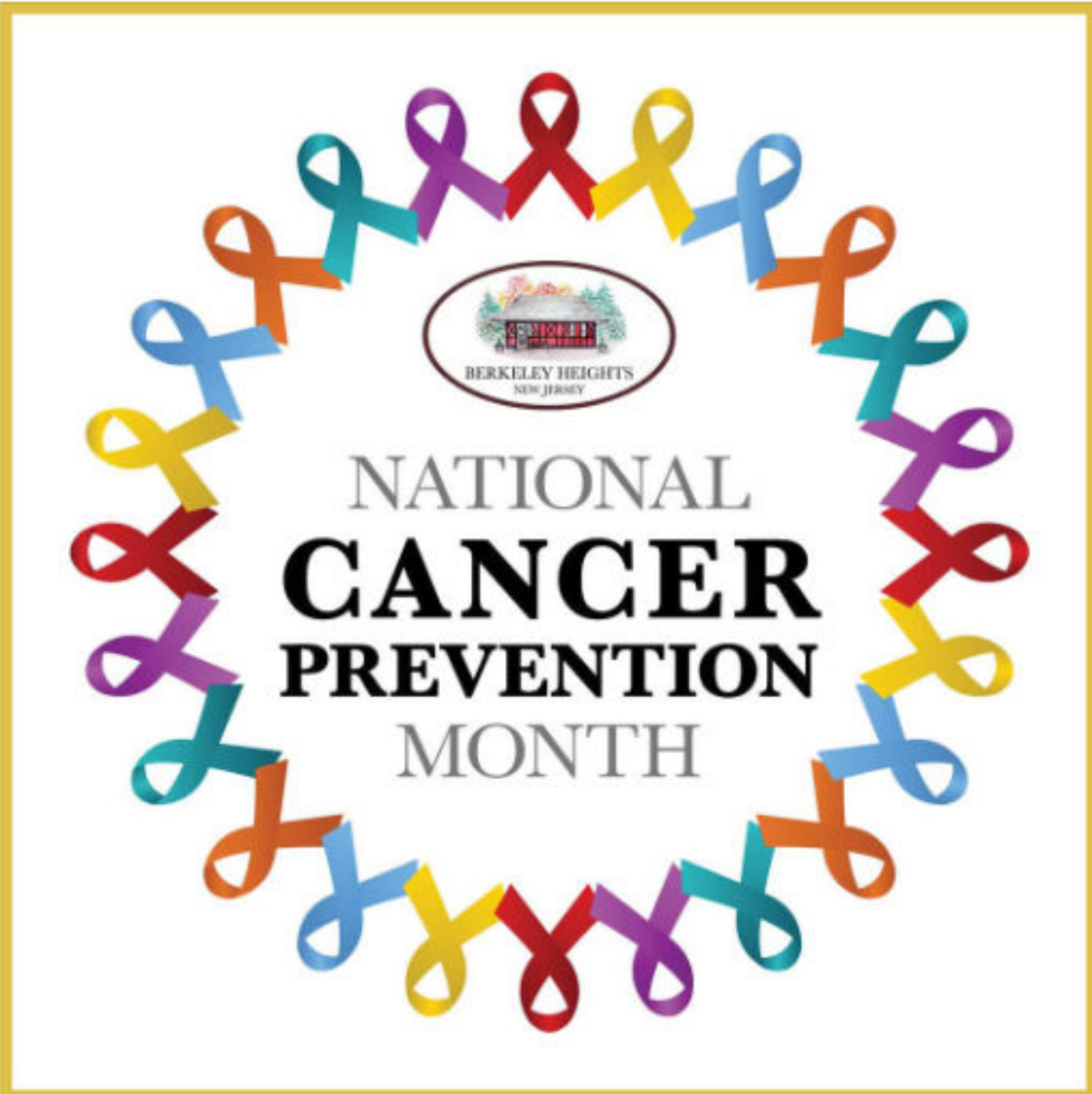


Berkeley Heights Township, Union County, NJ

February 2 · 🌐



February is National Cancer Prevention Month. 🧡 Did you know that up to 50% of cancer cases and about one-third of cancer deaths are preventable through lifestyle choices and regular screenings? Early detection makes a difference! Commit to small steps for a healthier future. Learn more: <https://www.aicr.org/cancer-prevention/>





Berkeley Heights Township, Union County, NJ is with **Berkeley Heights Police**. ...

February 3 · 🌐

Meet the amazing members of our Berkeley Heights Police Department's Community Policing Division! Visit Dunkin' Donuts Monday, February 17 from 9:00-11:00 AM for some free coffee and conversation, and learn how our dedicated police officers are fostering relations with our community - including our kids. 🙋



Berkeley Heights Township, Union County, NJ

February 6 · 🌐

...

We are recognizing Kindness in the Heights this February! ❤️ Join us as we celebrate kindness and spread joy in our community. Throughout the month, we'll be sharing different ways YOU can get involved and make a difference. Did you know? Smiling can improve your mood and lower stress levels! Today's challenge: leave an uplifting note for a friend, neighbor, or co-worker—let's spread those smiles! For more ideas, visit:

<https://www.randomactsofkindness.org/> #KindnessintheHeights



KINDNESS IN THE HEIGHTS



Berkeley Heights Township, Union County, NJ

February 7 · 🌐

...

Today, Berkeley Heights is going red for women! ❤️ Did you know that nearly 45% of women aged 20 and older are living with some form of cardiovascular disease? Together, we can raise awareness, promote prevention, and support heart health education. Let's make a difference! Learn more: <https://rb.gy/6kk0aa>





Berkeley Heights Township, Union County, NJ



February 7 · 🌐

Do you have extra sweatshirts, socks, hand warmers, or umbrellas? 🧥🧦🧤☔ The Berkeley Heights Kindness Team is collecting items for families in need and they can be dropped off at the Berkeley Heights YMCA, BH Library, and Little Flower Church through Sunday, February 9!





Berkeley Heights Township, Union County, NJ



February 12 at 11:15 AM · 🌐

Spread kindness with your time! 🕒 Kindness in the Heights reminds us that one of the easiest ways to spread kindness is by giving your time to others. How about volunteering at a local shelter, helping an elderly neighbor with their groceries, or cooking a meal for a loved one? Every little action helps build a stronger community! 🧡 Let's all keep doing our part. Need more ideas? Check out <https://www.randomactsofkindness.org/>





Berkeley Heights Township, Union County, NJ



February 14 at 7:18 AM · 🌐

Happy Valentine's Day from the Township of Berkeley Heights! ❤️ Take this day to celebrate love, kindness, and community.





Berkeley Heights Township, Union County, NJ

February 17 at 4:42 PM · 🌐

...

😊 Mayor Angie Devanney and the Mayor's Wellness Committee are hosting the inaugural Crawl to in-Spire Wellness and Happiness in Berkeley Heights event Saturday, March 1 from 1:00PM to 4:00PM at Town Hall. Learn about the 5 elements of SPIRE, MVI's and strategies to boost your mental and physical wellness.

Be one of the first 16 people to sign up and enjoy a complimentary chair massage by Krista Little, licensed massage therapist of Citizen Mobile Massage or a facial by Gleny... [See more](#)



Let's Get Happy Together

Crawl to in-Spire Wellness and Happiness in Berkeley Heights

Join Mayor Angie Devanney for an insightful session on the 5 elements of SPIRE and MVIs, inspired by the groundbreaking study by Dr. Tal Ben-Shahar, former Harvard Professor and renowned happiness expert. Discover practical strategies to boost your mental and physical wellness, encouraging happiness in both your personal life and within the community. Together, we can promote healthy lifestyles and strengthen community connections.

 **Saturday, March 1, 2025**
1:00 PM - 4:00 PM

 **Berkeley Heights Municipal Complex,**
29 Park Avenue, Berkeley Heights

 **Register Here by 2/26**
Be one of the first 16 people to sign up and enjoy a complimentary chair massage or facial. Services begin at 12:30 PM, so don't wait – secure your spot today!

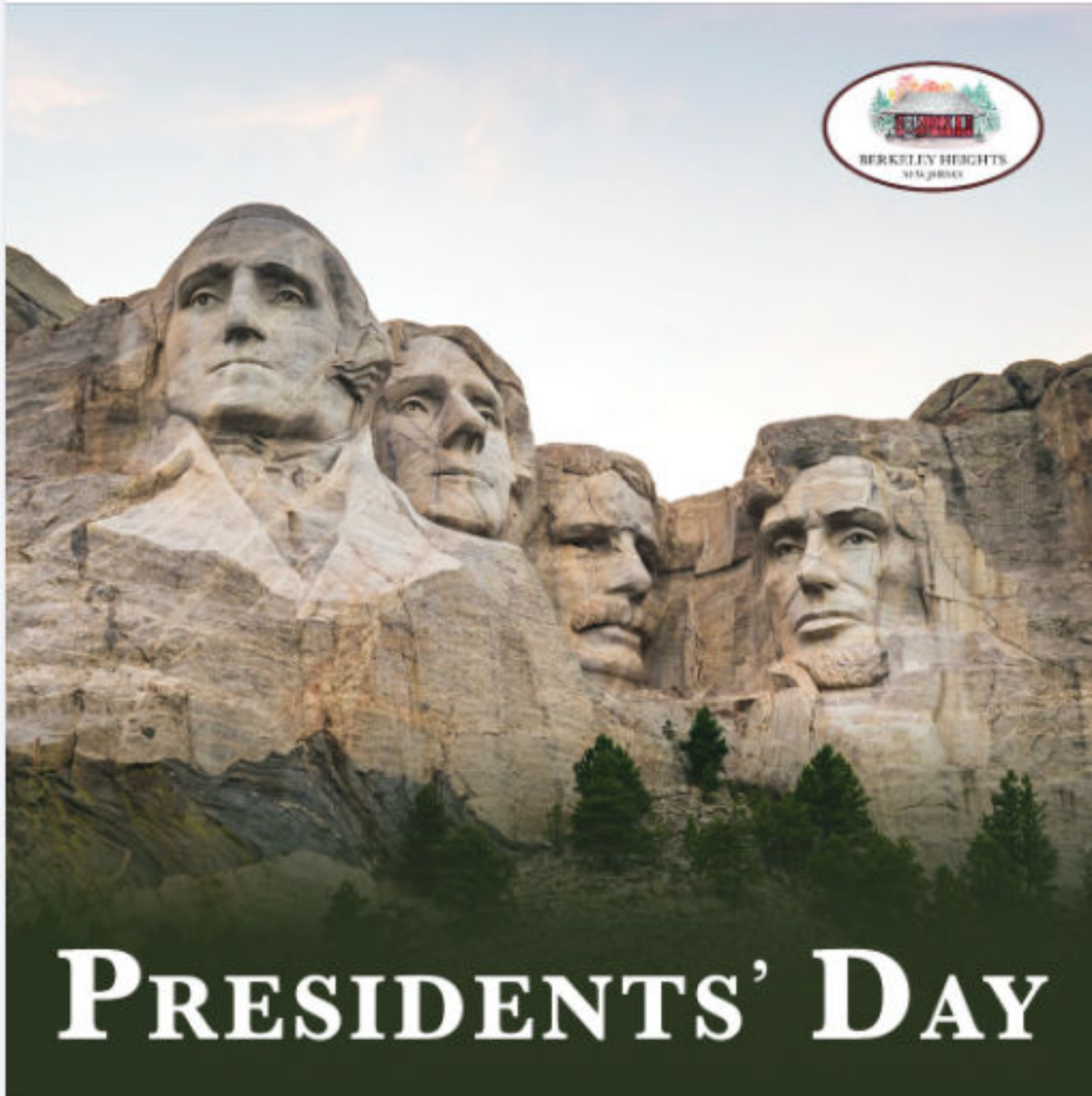


Berkeley Heights Township, Union County, NJ

February 17 at 4:47 PM · 🌐



Happy Presidents' Day from Berkeley Heights! Today, we honor the leaders who have shaped our nation's history. Let's reflect on the ideals that make our community strong and resilient. 🇺🇸





Berkeley Heights Township, Union County, NJ

February 19 at 11:15 AM · 🌐



Kindness can be as simple as listening! 🗨️ Sometimes the most powerful act of kindness is simply being there for someone. Take a few minutes today to really listen to someone who might need to talk, whether it's a friend, family member, or colleague. Let them know you care! For more ways to get involved, visit: <https://www.randomactsofkindness.org/> #KindnessintheHeights





Berkeley Heights Township, Union County, NJ



February 20 at 8:43 AM · 🌐

NJMVC Vehicle Inspection open to Berkeley Heights residents only March 19.

By appt! Sign up here: <https://www.signupgenius.com/.../10C0A48A9AE2CA4FCC25...>

Any questions, please email Sgt. William Fettes at wfettes@bhpolice.org



Berkeley Heights Township, Union County, NJ

February 21 at 9:59 AM · 🌐



Meet our wellness experts and get inspired to live a happier, healthier life at our in-SPIRE Wellness and Happiness event!

Join us on Saturday, March 1st, from 1-4 PM at the Berkeley Heights Municipal Complex (29 Park Avenue) for an afternoon of wellness, inspiration, and community connection! 🧑‍🎓💙 [Mayor Angie Devanney](#)

Meet our expert guides

at the *Crawl to-Inspire Wellness and Happiness* event! Engage in interactive sessions, gain valuable insights, and take part in hands-on wellness activities as we explore the 5 Elements of *SPIRE* –Spiritual, Physical, Intellectual, Relational, and Emotional—and learn about Minimum Viable Interventions (*MVI*) also known as happiness boosters.



**Saturday,
March 1, 2025**
1:00 PM - 4:00 PM



**Berkeley Heights
Municipal Complex,**
29 Park Avenue, Berkeley Heights



**Angela
Ippolito-Cottam**
Founder of Healing

Breath
Specializes in deepening the connection to the body and mind through breathwork.



Gleny Serafino
Licensed esthetician
Skindex Studios
Specializing in medical-grade facials, brows, body contouring, lash lift, and spray tanning.



Randy Mackenzie
Certified Teacher of Transcendental Meditation

Transcendental Meditation™ quiets mental activity, fosters the transcendence of thought, and directs the mind inward.



Krista Little
licensed massage therapist and soul-led founder of CITIZEN Mobile Massage

Specializes in corporate wellness, spa parties and individual treatments; catering to prenatal/postnatal to lymphatic drainage and sports/deep tissue massage.



Register Here





Berkeley Heights Township, Union County, NJ



February 26 at 11:16 AM · 🌐

Spread Kindness with a Simple Gesture! ☀️ Send a quick text or make a phone call to check in on someone who needs it, hold the door open for someone, pay for someone's coffee, or give up your seat in a crowd. Small random acts of kindness can create big smiles. Let's do this together! For more ideas, visit: <https://www.randomactsofkindness.org/>
[#KindnessintheHeights](#)



KINDNESS IN THE HEIGHTS

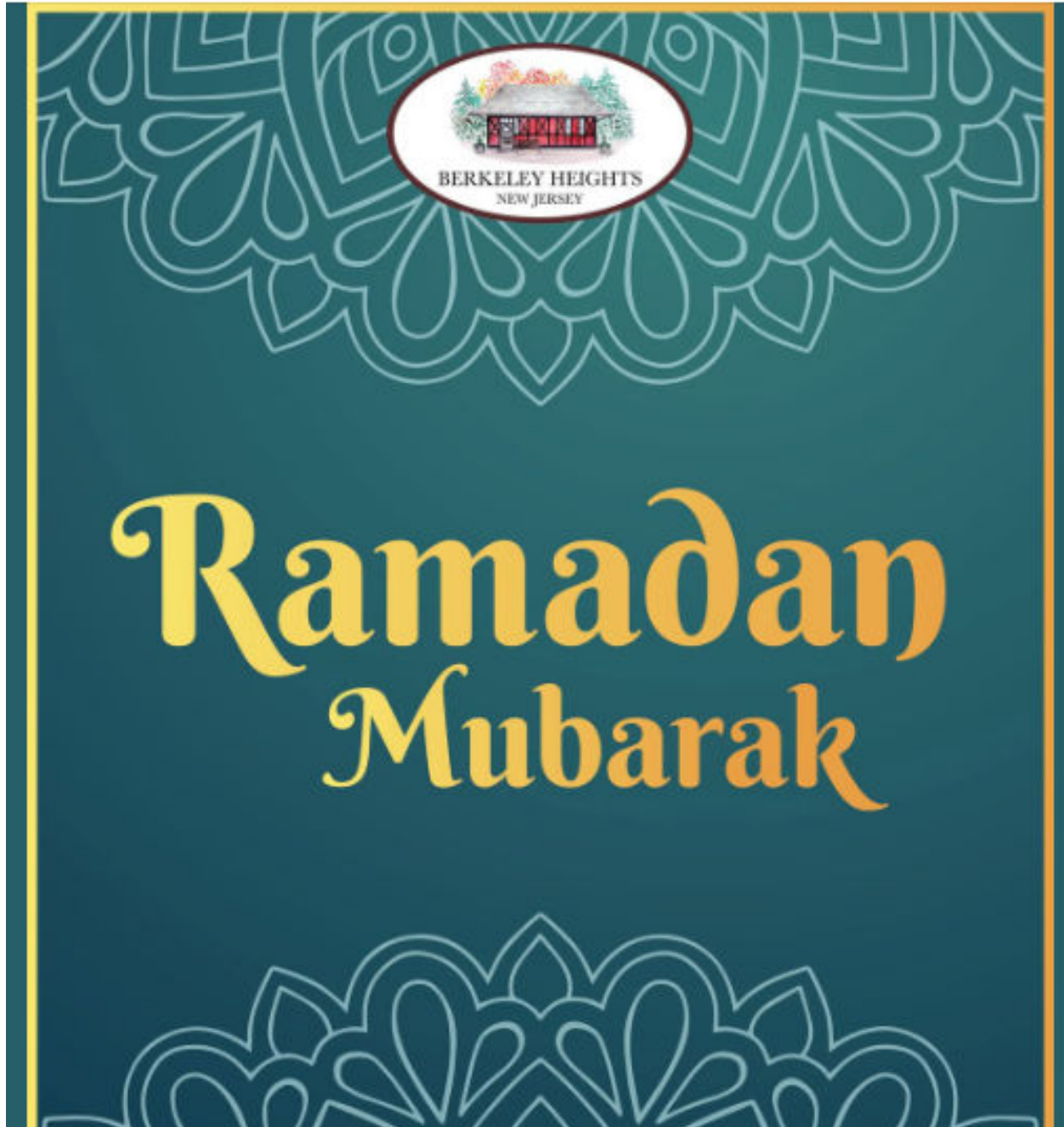


Berkeley Heights Township, Union County, NJ


February 28 at 5:04 PM · 🌐



Ramadan Mubarak to all who observe! May this holy month bring you peace, reflection, and spiritual growth. Wishing you strength, happiness, and countless blessings. 🌙



March 2025 Newsletter

 Sara Rossi · Feb 10 · [Notified 10 people](#)

Hello all!

Please send content for March's Newsletter by February 24. We are aiming to have it sent by March 1.

Thank you,
Sara



Feb 20

Sara Rossi, Account Manager

NJ Makers Day

Saturday March 22

10am-2pm

AND

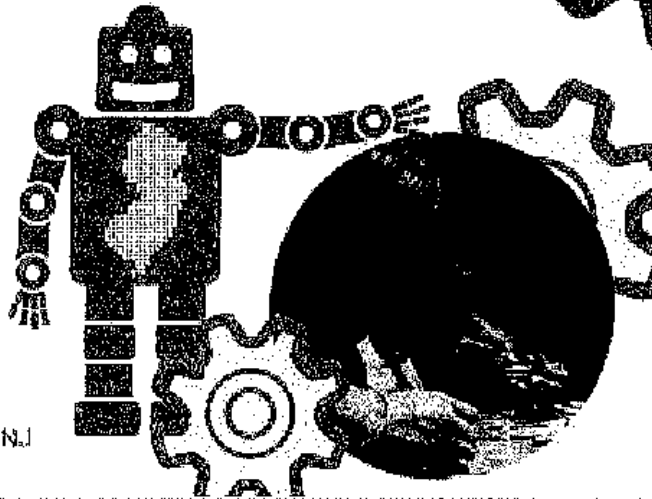
2pm-4pm

Join us for our 2nd Annual NJ Makers Day Event. All ages are welcome to come make and explore. We'll have sensory activities, crafting, a community art project, and more!

Plus a presentation by Highlander Robotics!



www.bhplnj.org
908-608-8603
29 Park Ave
Berkeley Heights, NJ




Makers Day 2025.png



Feb 20

Sharon, Friends of the Library

FRIENDS of the
Berkeley Heights
public library | 


Great libraries need good friends!

**Join the Friends of BHPL for our
Monthly Meeting**

**Hear all about our latest activity
and discover ways to get involved
and support the library**

**March 18th, 7 PM
Library Conference Room**

**Have questions? Learn more here:
Friends@bhplnj.org**



Meeting Flyer March 2025.pdf



Feb 21

Recreation

BASIC INFORMATION:

- What the Recreation Commission has to offer
 - <https://www.berkeleyheights.gov/214/Recreation>

BERKELEY HEIGHTS RECREATION

29 PARK AVENUE, BERKELEY HEIGHTS | LOWER LEVEL
(908) 464-2700 X2257 | RECREATION@BHTWP.COM

The Berkeley Heights Recreation Commission is pleased to offer a wide variety of affordable programs for the whole family! We have been a staple of the community for decades and offer programs for nearly everyone in the family during all four seasons! We seek to bring the community together by hosting FREE events including: Summer Concerts in the Park, Santa Visit and Tree Lighting, Memorial Day Parade, and more!



PRE-SCHOOL

Mommy & Me, Fun Bunch & Lunch, Creative Movement, and Soccer



GRADE SCHOOL/TEENS

Tennis, Dodgeball, Soccer, Flag Football, Table Tennis, Basketball, Dance & Tumbling, Art Classes, Cooking Classes, Teen Scene Travel Summer Camp, and More!



ADULTS

Yoga, Fitness Classes, Pickleball, Tennis, Circuit Room

SENIORS

Chair Stretch, Mahjong, Art Classes, FREE Luncheons

Welcome! (1).pdf

COMMUNITY EVENT:

- **Community Connections: Fun at the Complex**
 - Join us for a fun and engaging gathering where residents can connect, learn about local programs, and enjoy interactive activities. Meet community leaders, discover

resources, and build meaningful connections with neighbors. Don't miss this opportunity to come together and celebrate our community!



Community Connections.pdf

FITNESS CENTER:

- Get yourself in shape! Work out in our Fitness Center – it's like a home gym, just not in your home (and without a year-long commitment of a gym membership)!

- <https://berkeleyheights.gov/1562/Fitness-Center>



**BE STRONG
BE HEALTHY**

<u>REGULAR HOURS</u>	<u>DATES/PRICE</u>
Monday: 9:00 AM - 9:00 PM	Q1: January 1 - March 31 \$50
Tuesday: 9:00 AM - 9:00 PM	Q2: April 1 - June 30 \$50
Wednesday: 9:00 AM - 9:00 PM	Q3: July 1 - September 30 \$80
Thursday: 9:00 AM - 9:00 PM <small>*Dance class: 10:00 AM - 11:05 AM</small>	Q4: October 1 - December 31 \$50
Friday: 9:00 AM - 9:00 PM	
Saturday: 9:00 AM - 9:00 PM	
Sunday: CLOSED	

** Hours differ in the summer **
** Unavailable when Township is Closed **

Fitness Center.pdf

WORK WITH US:

- **Join Our Team as a Summer Camp Counselor!**
 - Looking for a rewarding and fun summer job? We're hiring! Help us create unforgettable memories for kids while gaining valuable experience!
 - <https://www.berkeleyheights.gov/1568/Work-With-Us>



Berkeley Heights
Recreation

WE'RE HIRING

SUMMER CAMP COUNSELOR

Apply Now!

• We're Hiring.pdf

SEASONAL PROGRAMS:

- **2025 Spring Recreation Programs**

- Registration is open for everyone! Be sure to check out what we have to offer!
- <https://www.berkeleyheights.gov/1530/Spring-Programs>

- **2025 Summer Recreation Programs**

- We will be offering Summer Playground Camp, Teen Scene Travel Camp, Pre-K Camp, Tennis Camp, Python Coding Bootcamp, and Table Tennis Camp this summer! Be sure to check our website for registration dates and time!
- <https://www.berkeleyheights.gov/1531/Summer-Programs>

IT'S TIME FOR SUMMER!



The Berkeley Heights Recreation Commission offers summer camps for children of all ages!

<https://berkeleyheights.gov/1531/Summer-Programs>



REGISTER ONLINE:
FRIDAY, FEBRUARY 28 AT 9:00 AM



REGISTER ONLINE:
SATURDAY, MARCH 1 AT 9:00 AM



REGISTER ONLINE:
MONDAY, MARCH 3 AT 9:00 AM



STILL TO COME:

TENNIS CAMP
TABLE TENNIS CAMP
PYTHON CODING BOOTCAMP

Summer - 2025.pdf

FREE SENIOR PROGRAMS:

- Recreation Commission's Free Senior Programs

- <https://www.berkeleyheights.gov/352/Senior-Information>

Berkeley Heights Recreation Commission **FREE Programs for Seniors**

Visit: www.berkeleyheights.gov/352/Senior-Information

Acrylics

This class provides personalized instruction from expert teaching artists in the beautiful and flexible medium of acrylic paint.

BINGO

Join your fellow seniors for a fun time playing BINGO!

Chair Stretch

Help reduce the risk of injury from a fall with our leg, arm and core muscle - low impact workout from a seated position.

Exercise

Focus on slow, and deliberate movements. Free weights are used if desired/when appropriate. These classes are geared towards getting our seniors up and moving!

Mahjong

A Chinese, tile-based game. All levels are welcome - beginners will learn from the more experienced players.


Open Circuit

This program is self-guided. We allow our seniors to use our fitness center/circuit room to workout. One of our instructors then goes in to lead a post-workout stretch!


Free Senior Programs (4).pdf

- Go Grocery Shopping with the Recreation every WEDNESDAY!

- <https://berkeleyheights.gov/352/Senior-Information>



**LET THE BERKELEY HEIGHTS
SENIOR VAN TAKE YOU**



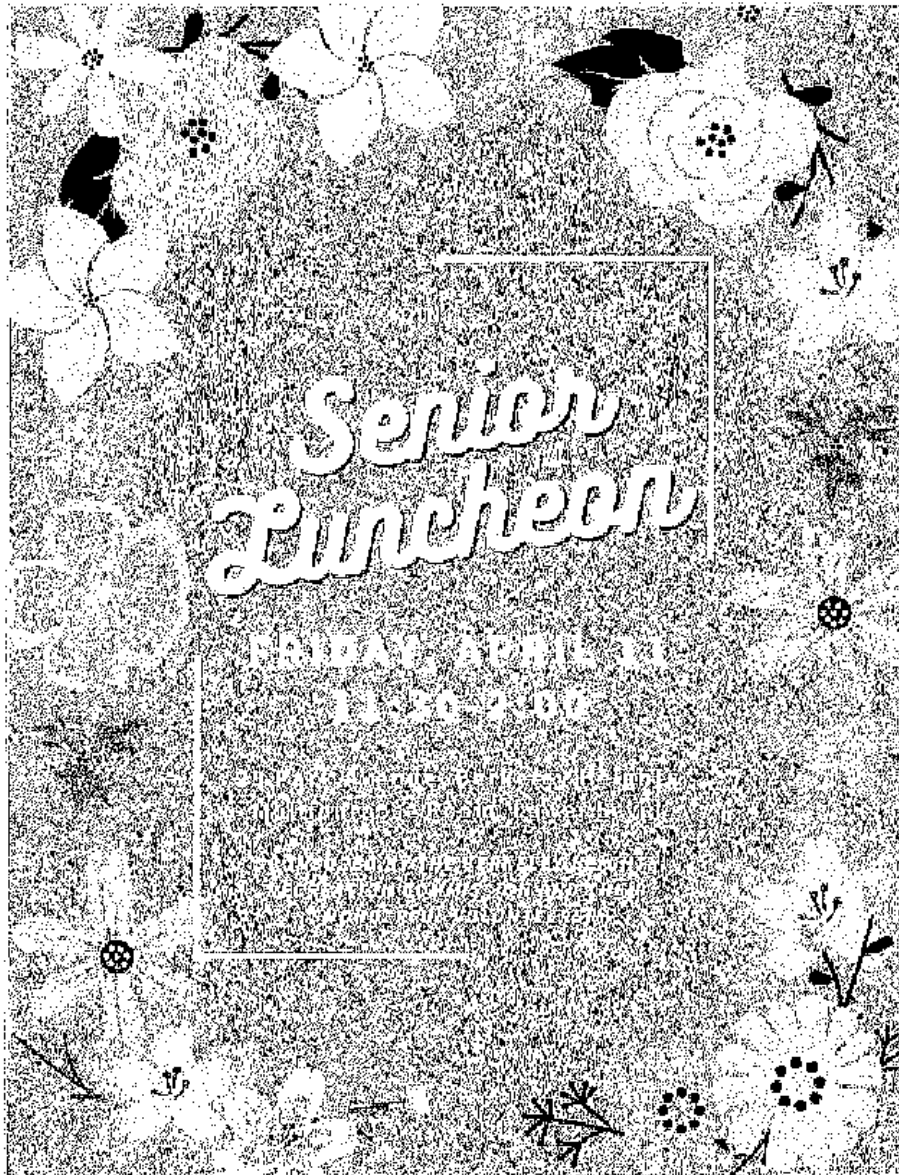
GROCERY SHOPPING

Wednesdays
Pickup at Your House 8:00-9:00

**MUST RESERVE A SPOT BY
9:00 AM TUESDAYS - 908-464-2700 X2258**

Grocery Shopping (1).pdf

- Free Senior Luncheon – Friday, April 11
 - <https://berkeleyheights.gov/352/Senior-Information>



• Spring Luncheon 2025.pdf

PICKLEBALL & TENNIS INFORMATION:

- Pickleball/Tennis Permits – 2025 Season
- <https://www.berkeleyheights.gov/1511/PickleballTennis-Information>



- 2025 Permits.pdf

- Pickleball Open Play (standing schedule)

- <https://www.berkeleyheights.gov/1511/PickleballTennis-Information>



**BERKELEY HEIGHTS
PICKLEBALL**

OPEN PICKLEBALL PLAY SCHEDULE

TOM BARTON COURTS: 411 PLAINFIELD AVE

MON	6:00 PM - 9:00 PM
TUE	8:00 AM - 11:00 AM
TUE	6:00 PM - 9:00 PM* <small>Beginners 2.0- Intermediate 3.5</small>
WED	6:00 PM - 9:00 PM
THU	8:00 AM - 11:00 AM
SAT	9:00 AM - 12:00 PM
SUN	9:00 AM - 12:00 PM

Register for a Permit: <https://register.communitypass.net/BerkeleyHeights>

Pickleball Open Play (2).pdf



Feb 25

Sara Rossi, Account Manager

Hi Liza!

Please see Newsletter so far!

<https://us5.campaign-archive.com/?>

[e=__test_email__&u=6da64eaaf2687b078b4c42056&id=59f66383c8](https://us5.campaign-archive.com/?e=__test_email__&u=6da64eaaf2687b078b4c42056&id=59f66383c8)



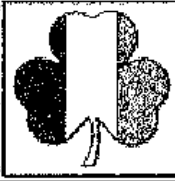
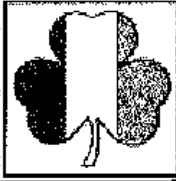



Feb 25

Liza Viana, Twp Administrator

Couple things:

- Remove pedestrian survey info - that is now closed
- Add St. Patrick's Day blurb/flyer (Attached)
- Under NEWS FROM TOWN HALL, please add that Mayor & Council on Tuesday March 4 are voting on adoption of an ordinance to reduce the speed on Park Ave from 40 to 30: <https://www.tapinto.net/towns/berkeley-heights/sections/government/articles/park-avenue-speed-reduction-plan-and-new-township-planner-named-for-the-nokia-bell-labs-campus-development>
- Include mention from above TAP link that Township has hired a planner specifically to help guide development of the Nokia Bell Labs campus, and we plan to start community visioning meetings in the coming months.
- Add a FOG PSA again: <https://berkeleyheights.gov/CivicAlerts.aspx?AID=881> . (include in every newsletter)

- I have another article coming on our Cap your Pipes program - will send when I finish

		
		
		
<p>The Township of Berkeley Heights is hosting a</p>		
<p>FLAG RAISING and Soda Bread Contest</p>		
<p>Join Mayor Devanney and the Community Cultural Affairs Committee to raise the Irish Flag and listen to a preview of Dan and Shan BEFORE THE BIG MUSIC EVENT AT DELICIOUS HEIGHTS Friday March 14th Town Hall 29 Park Ave. 6:00 PM at the flag pole. Bring your best soda bread to the Highlander Room by 5:45 Contest will begin at 6:15.</p>		

Irish flag raising 2025 final final.pdf



Feb 25

Sara Rossi, Account Manager


I left a spot for pipes and video - if there is one for March!

[https://us5.campaign-archive.com/?](https://us5.campaign-archive.com/?e=__test_email__&u=6da64eaaf2687b078b4c42056&id=59f66383c8)

[e=__test_email__&u=6da64eaaf2687b078b4c42056&id=59f66383c8](https://us5.campaign-archive.com/?e=__test_email__&u=6da64eaaf2687b078b4c42056&id=59f66383c8)

Twp & BHPD events > Message Board

February 2025 Newsletter

 Sara Rossi · Jan 9 · [Notified 11 people](#)

Hello all!

Please send content for February's Newsletter by January 28. We are aiming to have it sent by Feb 3.

Thank you,
Sara



Jan 14

Recreation

BASIC INFORMATION:

- What the Recreation Commission has to offer
 - <https://www.berkeleyheights.gov/214/Recreation>

BERKELEY HEIGHTS RECREATION

29 PARK AVENUE, BERKELEY HEIGHTS | LOWER LEVEL
(908)464-2700 X2257 | RECREATION@BHTWP.COM

The Berkeley Heights Recreation Commission is pleased to offer a wide variety of affordable programs for the whole family. We have been a staple of the community for decades and offer programs for nearly everyone in the family during all four seasons. We seek to bring the community together by hosting FREE events including Summer Concerts in the Park, Santa Visit and Tree Lighting, Memorial Day Parade, and more!



PRE-SCHOOL

Mommy & Me, Fun Bunch & Lunch, Creative Movement, and Soccer



GRADE SCHOOL/TEENS

Tennis, Dodgeball, Soccer, Flag Football, Table Tennis, Basketball, Dance & Juggling, Art Classes, Cooking Classes, Teen Scene, Travel Summer Camp, and More!



ADULTS

Yoga, Fitness Classes, Pickleball, Tennis, Circuit Room

SENIORS

Chair Stretch, Mahjong, Art Classes, FREE Luncheons

Welcome! (1).pdf

FITNESS CENTER:

- Get yourself in shape! Work out in our Fitness Center – it's like a home gym, just not in your home (and without a year-long commitment of a gym membership)!

- <https://berkeleyheights.gov/1562/Fitness-Center>





BE STRONG BE HEALTHY

REGULAR HOURS	DATES/PRICE
<p>Monday: 9:00 AM - 9:00 PM Tuesday: 9:00 AM - 9:00 PM Wednesday: 9:00 AM - 9:00 PM Thursday: 9:00 AM - 9:00 PM <small>*Hours 9:00 AM - 11:00 AM</small> Friday: 9:00 AM - 9:00 PM Saturday: 9:00 AM - 5:00 PM Sunday: CLOSED</p>	<p>Q1: January 1 - March 31 \$50</p> <p>Q2: April 1 - June 30 \$50</p> <p>Q3: July 1 - September 30 \$50</p> <p>Q4: October 1 - December 31 \$50</p>

** Hours differ in the summer **
 ** Use available when Township is Closed **

Fitness Center.pdf

WORK WITH US:

- **Join Our Team as a Summer Camp Counselor!**
 - Looking for a rewarding and fun summer job? We're hiring! Help us create unforgettable memories for kids while gaining valuable experience!
 - <https://www.berkeleyheights.gov/1568/Work-With-Us>

SEASONAL PROGRAMS:

- **2024/25 Winter Recreation Programs**
 - Programs are in full swing, but you are welcome to join the fun for the remaining weeks!

- <https://berkeleyheights.gov/1529/Winter-Programs>
- **2025 Spring Recreation Programs**
 - Program registration will open for everyone on Monday, February 10th at 8:00 AM. Be sure to check out what we have to offer!
 - <https://www.berkeleyheights.gov/1530/Spring-Programs>
- **2025 Summer Recreation Programs**
 - We will be offering Summer Playground Camp, Teen Scene Travel Camp, Pre-K Camp, Tennis Camp, Python Coding Bootcamp, and Table Tennis Camp this summer! Be sure to check our website for registration dates and time!
 - <https://www.berkeleyheights.gov/1531/Summer-Programs>

FREE SENIOR PROGRAMS:

- Recreation Commission's Free Senior Programs

- <https://www.berkeleyheights.gov/352/Senior-Information>

Berkeley Heights Recreation Commission FREE Programs for Seniors

Visit: www.berkeleyheights.gov/352/Senior-Information

Acrylics

This class provides personalized instruction from expert teaching artists in the beautiful and flexible medium of acrylic paint.

BINGO

Join your fellow seniors for a fun time playing BINGO!

Chair Stretch

Help reduce the risk of injury from a fall with our leg, arm and core muscle - low impact workout from a seated position.

Exercise

Focus on slow, and deliberate movements. Free weights are used if desired/when appropriate. These classes are geared towards getting our seniors up and moving!

Mahjong

A Chinese, tile-based game. All levels are welcome - beginners will learn from the more experienced players.


Open Circuit

This program is self-guided. We allow our seniors to use our fitness center/circuit room to workout. One of our instructors then goes in to lead a post-workout stretch!


Free Senior Programs (4).pdf

- Go Grocery Shopping with the Recreation every WEDNESDAY!

- <https://berkeleyheights.gov/352/Senior-Information>



**LET THE BERKELEY HEIGHTS
SENIOR VAN TAKE YOU**



GROCERY SHOPPING

Wednesdays
Pickup at Your House 8:00-9:00

**MUST RESERVE A SPOT BY
9:00 AM TUESDAYS - 908-464-2700 X2258**

Grocery Shopping (1).pdf

- Free Senior Luncheon – Friday, February 14
 - <https://berkeleyheights.gov/352/Senior-Information>

•
Valentine's Luncheon 2025.pdf

PICKLEBALL INFORMATION:

- Pickleball Open Play (standing schedule)

- <https://www.berkeleyheights.gov/1511/PickleballTennis-Information>



**OPEN PICKLEBALL
PLAY SCHEDULE**
TOM BARTON COURTS: 411 PLAINFIELD AVE

MON	6:00 PM - 9:00 PM
TUE	8:00 AM - 11:00 AM
TUE	6:00 PM - 9:00 PM* <small>Beginners 2.0- Intermediate 3.3</small>
WED	6:00 PM - 9:00 PM
THU	8:00 AM - 11:00 AM
SAT	9:00 AM - 12:00 PM
SUN	9:00 AM - 12:00 PM

Register for a Permit: <https://register.communitypass.net/BerkeleyHeights>



Jan 21

Liza Viana, Twp Administrator

I've attached the flyer if you want to learn more

(<https://drive.google.com/file/d/1wNk9JKZoMSZRJ5Y7kQSF6r6JYfdc-NYMr/view>). This could remain advertised until the last day of school (maybe take it down beginning of June).



CMS PTO GotSneakers Flyer.pdf

CMS PTO Sneaker Collection Drive

Donate your new and used athletic shoes and cleats to be reused or recycled.

Where: Columbia Middle School (345 Plainfield Ave) during school office hours.

Bring your donations in before the last day of school on June 18.

Your old sneakers and cleats can make a huge difference!!!



Jan 21

Liza Viana, Twp Administrator

Lunar New Year - Feb 1 (can we deploy newsletter Feb 1?)



Jan 21

Liza Viana, Twp Administrator

If you have extra sweatshirts, socks, hand warmers, or umbrellas, the Berkeley Heights Kindness Team is collecting. Here's the flyer with the info -- dropoff at the YMCA, library or Little Flower Church by Feb 9. Every little bit helps, so please help others less fortunate.

homeless collections.jpg



Jan 21

Sara Rossi, Account Manager

Thank you. Received all to date!



Jan 23

Sara Rossi, Account Manager

Hello all!

Please note my email is changing to sara@vmmi.net. All emails sent to Direct Development address will be forwarded, so you can continue if needed. However, for future correspondence, please use new @vmmi.net address.

Thank you!



Jan 27

Liza Viana, Twp Administrator

Bring your valentine and join us at Mt. Carmel for a fun night out!

Your ticket includes professional step-by-step dance instruction. Beginners welcome!

\$15 (plus fees) - tickets in advance online or \$20 cash at the door. Space is limited!

Cash bar. Chick-fil-A sandwiches for purchase.

Doors open at 6pm. Instruction starts promptly at 7pm!

Tickets now on sale!



Jan 27

Liza Viana, Twp Administrator

Help preserve the Deserted Village of Feltville in the Watchung Reservation in Berkeley Heights! Union County is **embarking on grant projects to enhance its County Park System and preserve the historical landscapes that make our communities special. But they need YOUR input to make it truly exceptional, particularly for the Deserted Village historical landscape restoration project!** Please take a few moments and take the survey for the Deserted Village project here: <https://form.jotform.com/243524285751055>.

Link to descriptions of all of the projects is here: <https://ucnj.org/green-acres-grants/>



green acres pic.png



Jan 27

Liza Viana, Twp Administrator

The Consortium of Berkeley Heights, Chatham, Millburn, New Providence, and Summit School Districts, presents the Parent Wellness Series: What You Need to Know. Come join us for a showing of an award-winning film that probes into the vulnerable corners of family life and depicts messy struggles over social media, video games, and academics. The film offers solutions on how we can help our kids navigate the digital world. We will dive deeper into the topic with a panel of experts after the movie.

Pre-register to get free pizza before the movie! All pre-registered students will receive a \$5 Starbucks giftcard!!

You can pre-register here: <https://docs.google.com/.../1FAIpQLSdlJ9WqBxf.../viewform...>

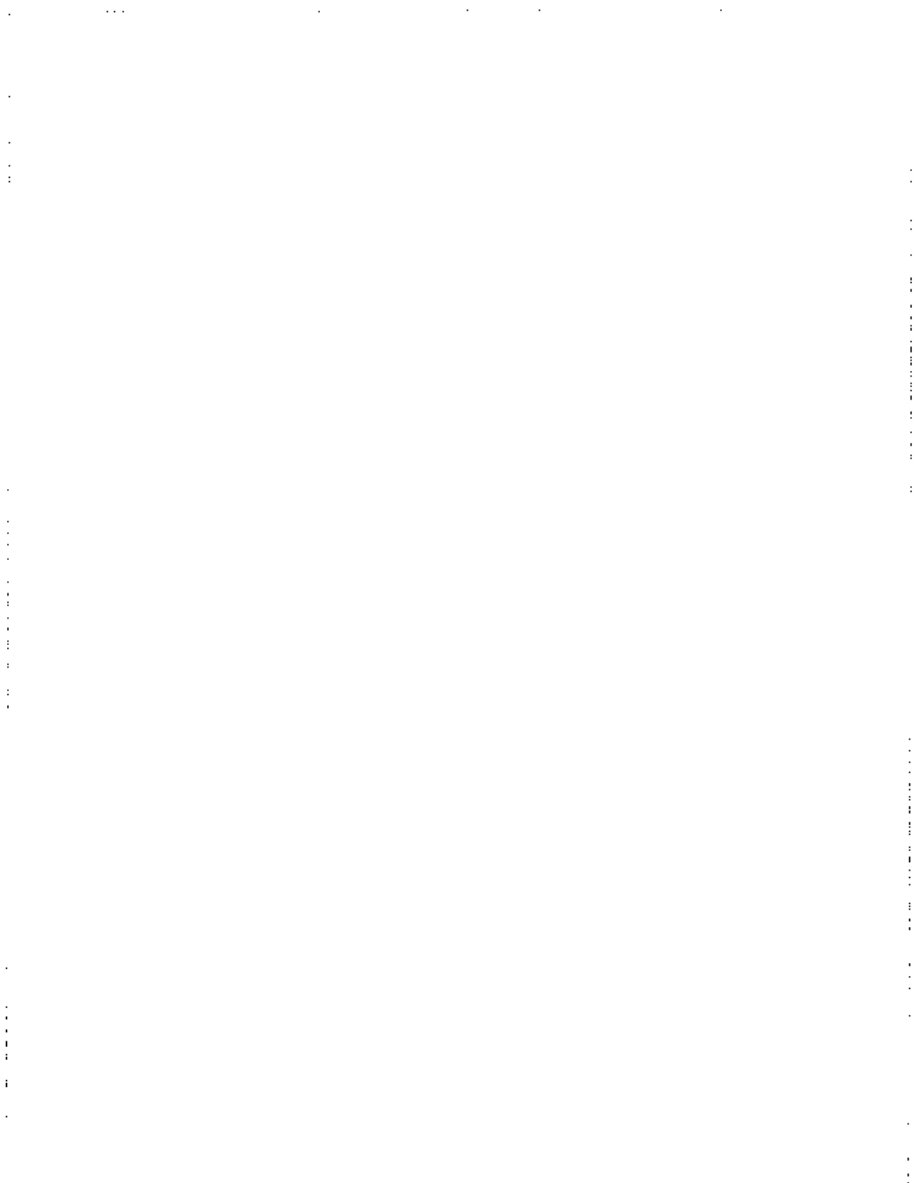
Date: February 5, 2025

Time: 6:30 - 8:30 PM

Location: New Providence High School Auditorium, 35 Pioneer Road, New Providence, NJ 07974

Sponsored by The Kimberly Anne Wilson Foundation, this is a must-see for parents,

educators, and teens. Let's start the conversation about fostering resilience in the digital age.



wellness event.jpg



Jan 28

Liza Viana, Twp Administrator

Event details:

'Baskets of Hope' Tricky Tray Event

Presented by The Abundance Awaits Project 🦋

March 30th , 1-4pm

Trap Rock Restaurant & Brewery

It's an afternoon filled with prizes, connection, community and an opportunity to support a cause close to our hearts—survivors of loss and initiatives aimed at raising mental health awareness and suicide prevention.

Our initiatives:

This fundraiser is important because it directly supports several key initiatives, including:

- **Creating memorial sites** to honor Kelly's life and raise awareness about mental health.
- **Launching "Kelly's Haven of Hope"** free library stands, stocked with self-care tools, books, and mental health resources.
- **Donating to mental health organizations** to provide support for those dealing with mental health struggles and suicidal ideation.
- **Supporting 1-2 survivors of profound loss** annually with financial assistance for healing retreats and time for self-care.

How people can participate:

Here's how people can participate:

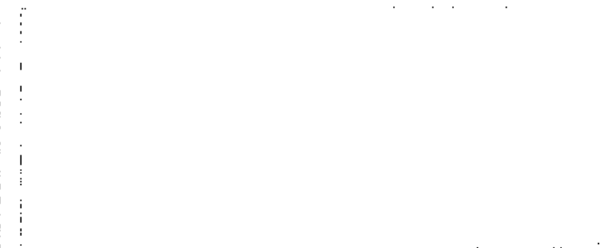
- **Attend the event** and enjoy an afternoon of amazing prizes and delicious food.
- **Become a sponsor** to support the event and raise awareness.
- **Donate a basket** to be raffled off during the event.
- **Spread the word** to help us reach as many people as possible!

To register or learn more about how you can get involved, please use the link below:

<https://findingfelicitynj.as.me/basketsofhope>



Baskets of Hope Event.jpg



IMG_1431.jpg



Jan 28

Sara Rossi, Account Manager

Good Morning Liza!

Please see link for newsletter. You'll see in the Mayor's message a spot for affordable housing... if wanted to touch on that.

[https://us5.campaign-archive.com/?e=\[UNIQID\]&u=6da64eaaf2687b078b4c42056&id=20938abbea](https://us5.campaign-archive.com/?e=[UNIQID]&u=6da64eaaf2687b078b4c42056&id=20938abbea)



Jan 28

Liza Viana, Twp Administrator

Nothing on affordable housing in the newsletter please. It's only on the website because we are required to post it per the state regs. Thanks!!

Liza Viana

Township Administrator

Berkeley Heights, NJ

Office: 908-464-2700 ext 2232

lviana@bhtwp.com <mailto:lviana@bhtwp.com>



Edited Jan 28

Sara Rossi, Account Manager

Please see updated link! Just waiting on news from the Library ;)

[https://us5.campaign-archive.com/?](https://us5.campaign-archive.com/?e=_test_email_&u=6da64eaaf2687b078b4c42056&id=20938abbea)

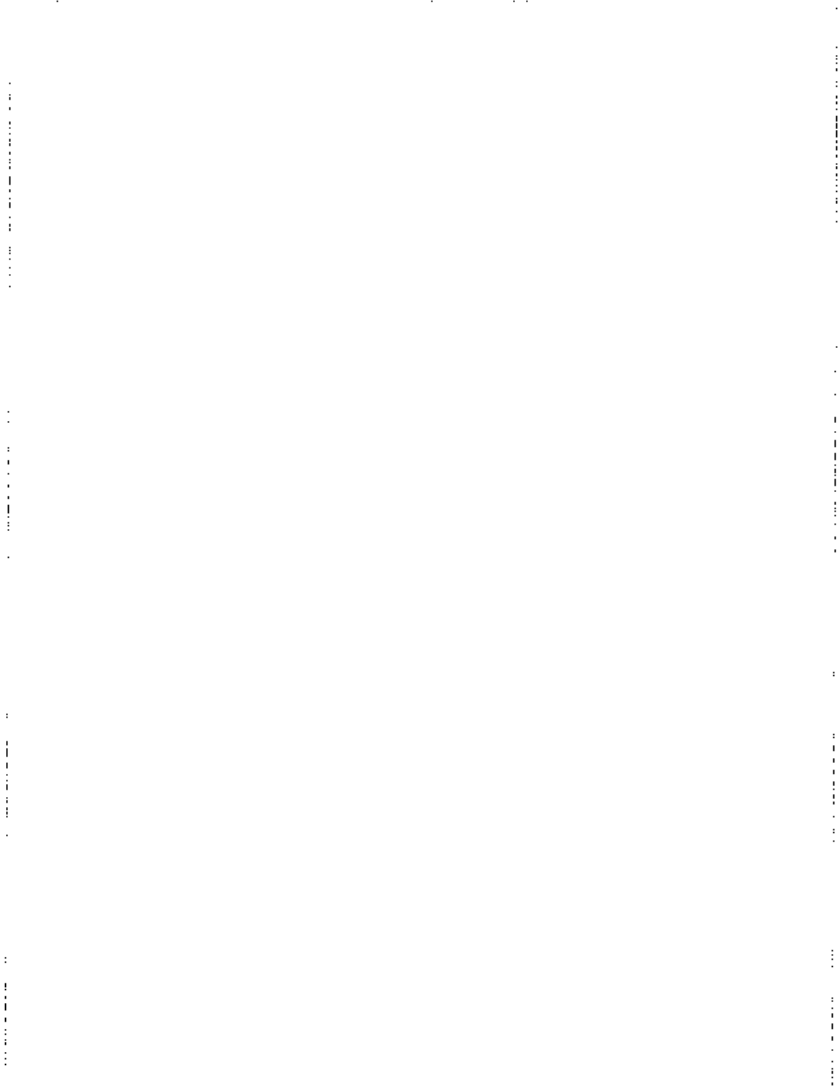
[e=_test_email_&u=6da64eaaf2687b078b4c42056&id=20938abbea](https://us5.campaign-archive.com/?e=_test_email_&u=6da64eaaf2687b078b4c42056&id=20938abbea)



Jan 28

Liza Viana, Twp Administrator
last item to please add - here!

Diamond Hill Montessori & the BHBC are working together to collect Valentine bags for the homeless. So far, we have raised close to \$500 and are hoping to reach our goal of \$1,000 by Friday, Feb. 7.




valentines day .jpg



Jan 28

Sara Rossi, Account Manager
all set!

January 2025 newsletter

 Liza Viana · Jan 2 · [Notified 2 people](#)

VFW ShakeShack promo day (attached)

Discorde Rescue Squad fundraiser: Come join this Dance Party Fundraiser benefiting the Berkeley Heights Volunteer Rescue Squad! Grab a friend, relax and dance for two hours. It's fun and good exercise. Work off the holiday goodies.

Quick sign up as there are only 30 slots available! Come out and dance for a good cause!

<https://bit.ly/rescuesquadfundraiser>

BERKELEY HEIGHTS VOLUNTEER RESCUE SQUAD



FUNDRAISER DISCO

Party

Join us for a night of dancing and learning a special dance choreography together with our instructor Gelia Quind!



LEARN A DANCE + FREE DANCING
BOTTLED WATER LIGHT REFRESHMENTS SNACKS

Let's dance, celebrate, and support a great cause!

14TH JANUARY 2025
7 PM - 9 PM
TICKET PRICE: \$40

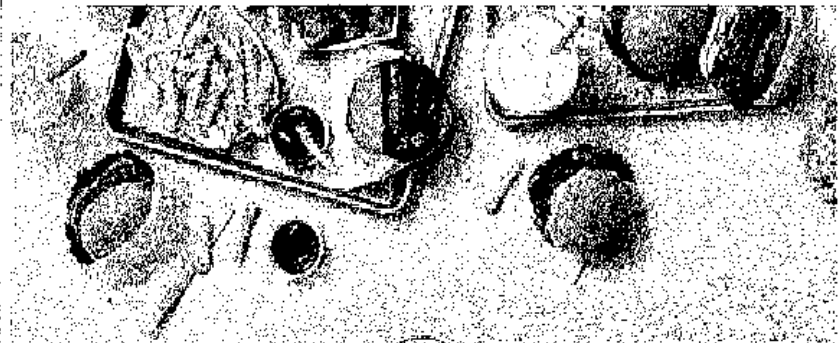
DISCORIDE
79 Industrial Road, Berkeley Heights

Scan QR to buy ticket:



Proceeds benefit the Berkeley Heights Volunteer Rescue Squad.

Discoride fundraiser.jpg



SHAKE  SHACK

DONATION DAY

Tuesday, January 21st


11am-9pm

Mention Donation Day at the register
or use promo code **DONATE**
on the Shack App, web, or kiosk at checkout and
we'll donate **25%** of your total meal purchase to

V.F.W. Post 6259

BRIDGEWATER SHAKE SHACK
610 Commons Way | Bridgewater, New Jersey 08807

January 2025 newsletter

 Liza Viana · Jan 2 · [Notified 2 people](#)

VFW ShakeShack promo day (attached)

Discorde Rescue Squad fundraiser: Come join this Dance Party Fundraiser benefiting the Berkeley Heights Volunteer Rescue Squad! Grab a friend, relax and dance for two hours. It's fun and good exercise. Work off the holiday goodies. Quick sign up as there are only 30 slots available! Come out and dance for a good cause!

<https://bit.ly/rescuesquadfundraiser>

BERKELEY HEIGHTS VOLUNTEER RESCUE SQUAD



FUNDRAISER DISCO Party

Join us for a night of dancing and learning a special dance choreography together with our instructor Debra Quinn!

LEARN A DANCE • FREE DANCING
BOTTLED WATER • LIGHT REFRESHMENTS • SNACKS

Let's dance, celebrate, and support a great cause!

14TH JANUARY 2025
7 PM - 9 PM
TICKET PRICE: \$40



79 Industrial Road, Berkeley Heights

*Proceeds benefit the Berkeley Heights Volunteer Rescue Squad.

Scan QR to buy ticket:



Discoride fundraiser.jpg



SHAKE  SHACK

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Tuesday, January 21st
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Mention Donation Day at the register
or use promo code: **DONATE**
on the Shack App, web, or kiosk at checkout and
we'll donate **25%** of your total meal purchase to

V.F.W. Post 6259

BRIDGEWATER SHAKE SHACK
610 Commons Way | Bridgewater, New Jersey 08807

Signups, info to get to residents

 Liza Viana · Jan 2 · [Notified 2 people](#)

Hi Sara - Can we do a renewed push to get people to sign up for our newsletter and text/email alerts? The signup posts on our social media platforms should be put on the Berkeley Heights Community Forum Facebook page, as well, with some intro copy - something like "Want to be sure you never miss any major Township news? Be sure to sign up for email or text alerts, our monthly Township e-newsletter, and follow us on the following social media platforms...."

BerkeleyHeights.gov/Signup - sign up for "BH News Website Updates" and "E-Newsletter Delivered via MailChimp" for monthly electronic newsletter

[Facebook icon]: @ BerkeleyHeightsTwpNJ

[Twitter/X icon]: @BHnjGov

[Insta icon]: @BerkeleyHeightsGov

[YouTube icon]: @BHnjGov



BerkeleyHeights-SocialMedia-FollowUs (1).png



FollowUs-NewsAlerts.png




Jan 2

Sara Rossi, Account Manager

Yes! Absolutely. I will get that posted tomorrow.

FB cover images

 Sara Rossi · Jan 6 · [Notified 2 people](#)

Hello!

We created the attached seasonal headers for FB. If you like, I can change out by season.



BERK-2025-3001-Seasonal Facebook Covers-R1-Spring.png



BERK-2025-3001-Seasonal Facebook Covers-R1-Fall.png




BERK-2025-3001-Seasonal Facebook Covers-R1-Winter.png



BERK-2025-3001-Seasonal Facebook Covers-R1-Summer.png

February SM Observances

 Sara Rossi · Jan 8 · [Notified 2 people](#)

Hello!

We are getting Feb observances together for review. Would you like to revisit the "Acts of Kindness Campaign" that was done last February? Or is there something happening with the Mayor's Wellness Committee that we would tie a SM campaign back to?



Jan 29

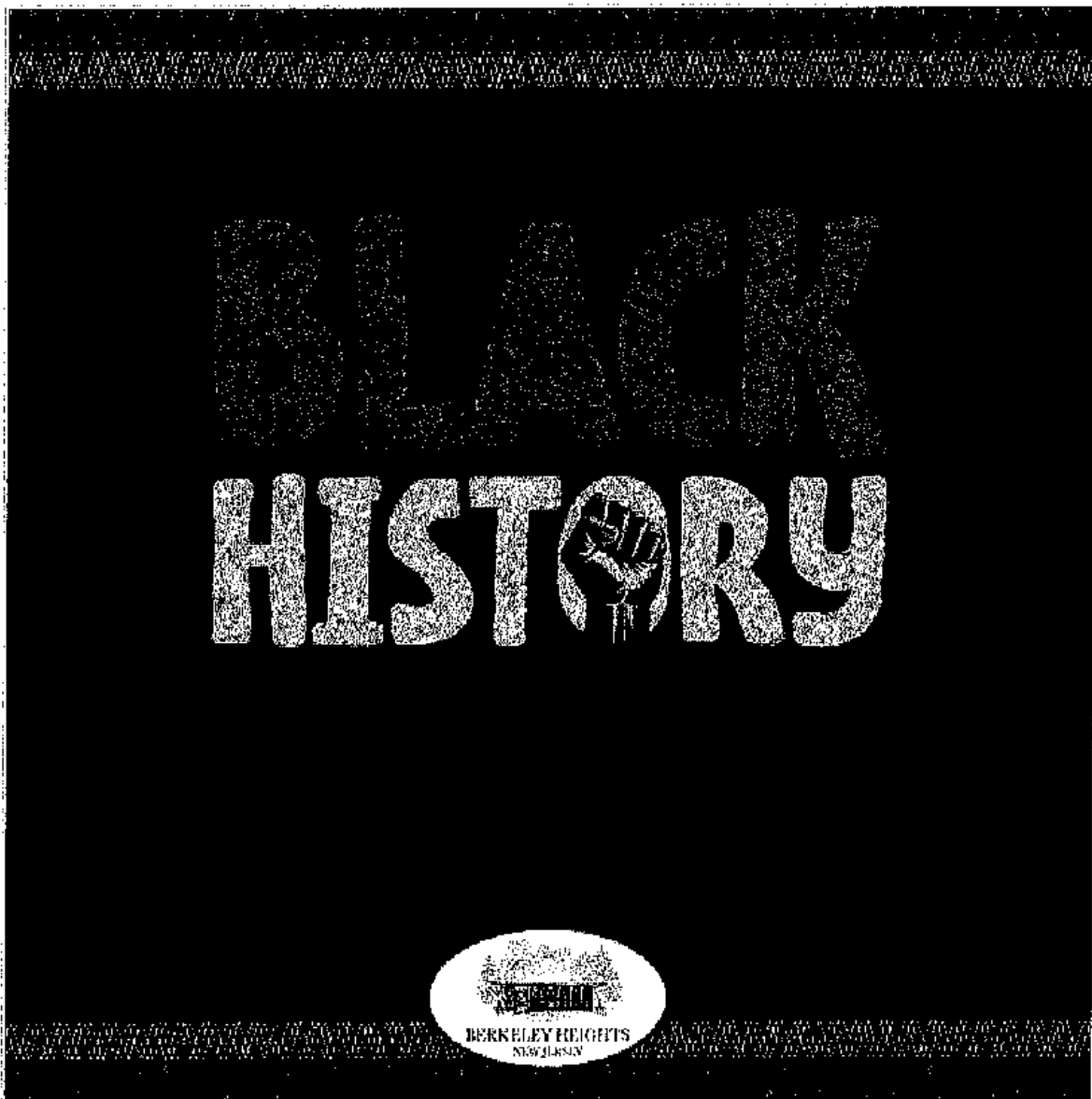
Sara Rossi, Account Manager

Hello!

Please see observances for February :)

Black History Month

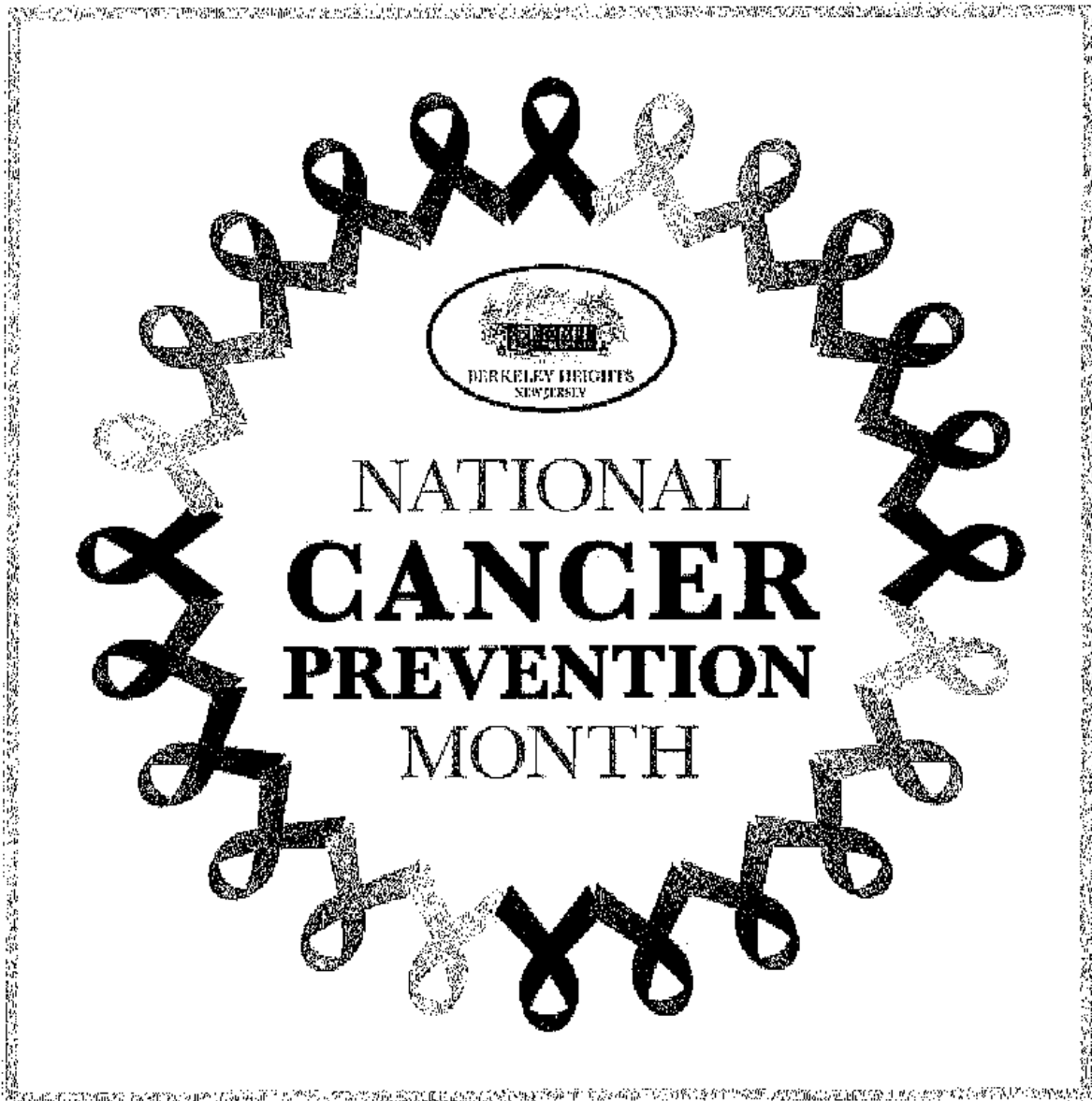
Berkeley Heights proudly commemorates Black History Month this February! Join us in celebrating the rich history, culture, and achievements of Black Americans. Let's honor their impact and work toward a brighter, more inclusive future. ✨ Learn more and get involved: <https://www.si.edu/events/black-history-month>



BERK-2024-3006-Q4 Socials-BlackHistoryMonth.png

National Cancer Prevention Month

February is National Cancer Prevention Month. 🧐 Did you know that up to 50% of cancer cases and about one-third of cancer deaths are preventable through lifestyle choices and regular screenings? Early detection makes a difference! Commit to small steps for a healthier future. Learn more: <https://www.aicr.org/cancer-prevention/>



BERK-2024-3006-Q4 Socials-CancerPrevention.png

Go Red for Women Day 2/7

Today, Berkeley Heights is going red for women! ❤️ Did you know that nearly 45% of women aged 20 and older are living with some form of cardiovascular disease? Together, we can raise awareness, promote prevention, and support heart health education. Let's make a difference! Learn more: <https://rb.gy/6kk0aa>

American Heart Association



BERK-2024-3006-Q4 Socials-GoRed.png

Valentines' Day 2/14

Happy Valentine's Day from the Township of Berkeley Heights! 💖 Take this day to celebrate

love, kindness, and community.



BERK-2024-3006-Q4 Socials-Valentines.png



Jan 29

Liza Viana, Twp Administrator

All ok

Liza Viana

Township Administrator

Berkeley Heights, NJ

Office: 908-464-2700 ext 2232

lviana@bhtwp.com <<mailto:lviana@bhtwp.com>>



Jan 29

Liza Viana, Twp Administrator

Yes lets do that again - thanks

Liza Viana

Township Administrator

Berkeley Heights, NJ

Office: 908-464-2700 ext 2232

lviana@bhtwp.com <mailto:lviana@bhtwp.com>




Jan 30

Sara Rossi, Account Manager

We'll get working and send for review! Have a good day.

Stormwater Campaign

 Liza Viana · Jan 10 · [Notified 1 person](#)

Hi Sara, we need to do the following as a requirement of our state MS4 stormwater permit:
<https://dep.nj.gov/wp-content/uploads/njpdcs-stormwater/tier-a/updated-deliverables-timeline-tier-a.pdf>. (PDF also attached). Please also use the visual assets here for social and for monthly newsletters - let's put at least on stormwater-issue awareness graphic/post in each monthly newsletter:
<https://dep.nj.gov/njpdcs-stormwater/municipal-stormwater-regulation-program/outreach-material/>

Deliverables Timelines - 2023 MS4 Tier A Permit

Permit Citation	Description	Compliance Schedule for Existing Tier A's	Compliance Schedule for New Tier A's	Complete?
IV.A.a. Stormwater Pollution Prevention Plan Requirements	Submit an updated SPPP electronically to the Department and post on your municipal website.	July 1, 2023	January 1, 2024	
IV.B.1. Public Involvement, Participation, & Notice	Comply with applicable State and local public notice requirements.	January 1, 2023	January 1, 2023	
IV.B.2. Municipal Stormwater Webpage	Develop a dedicated stormwater webpage that contains links to all materials listed in IV.B.2.a. in one place.	April 1, 2023	January 1, 2024	
IV.C.1. Local Public Education and Outreach	Implement a Public Education and Outreach Program.	January 1, 2023	January 1, 2023	
IV.D.1. Construction Site Stormwater Runoff	Obtain Construction Activity NJPDES Stormwater General Permit or individual permit for construction site stormwater runoff activities.	January 1, 2023	January 1, 2023	

updated-deliverables-timeline-tier-a (1).pdf

This is the page on our website where some of this is house:
<https://berkeleyheights.gov/1406/10394/Stormwater-Management>

Can you please a few times a month post the graphics and related messages on social (FB, Twitter, Insta)



Jan 10

Sara Rossi, Account Manager

Hi

Yes no problem. Just to confirm pull the graphics from here?

<https://berkeleyheights.gov/1406/10394/Stormwater-Management>



Jan 13

Liza Viana, Twp Administrator

yes

Liza Viana

Township Administrator

Berkeley Heights, NJ

Office: 908-464-2700 ext 2232

lviana@bhtwp.com <<mailto:lviana@bhtwp.com>>




Jan 13

Sara Rossi, Account Manager

Great thanks! Will get posting today!

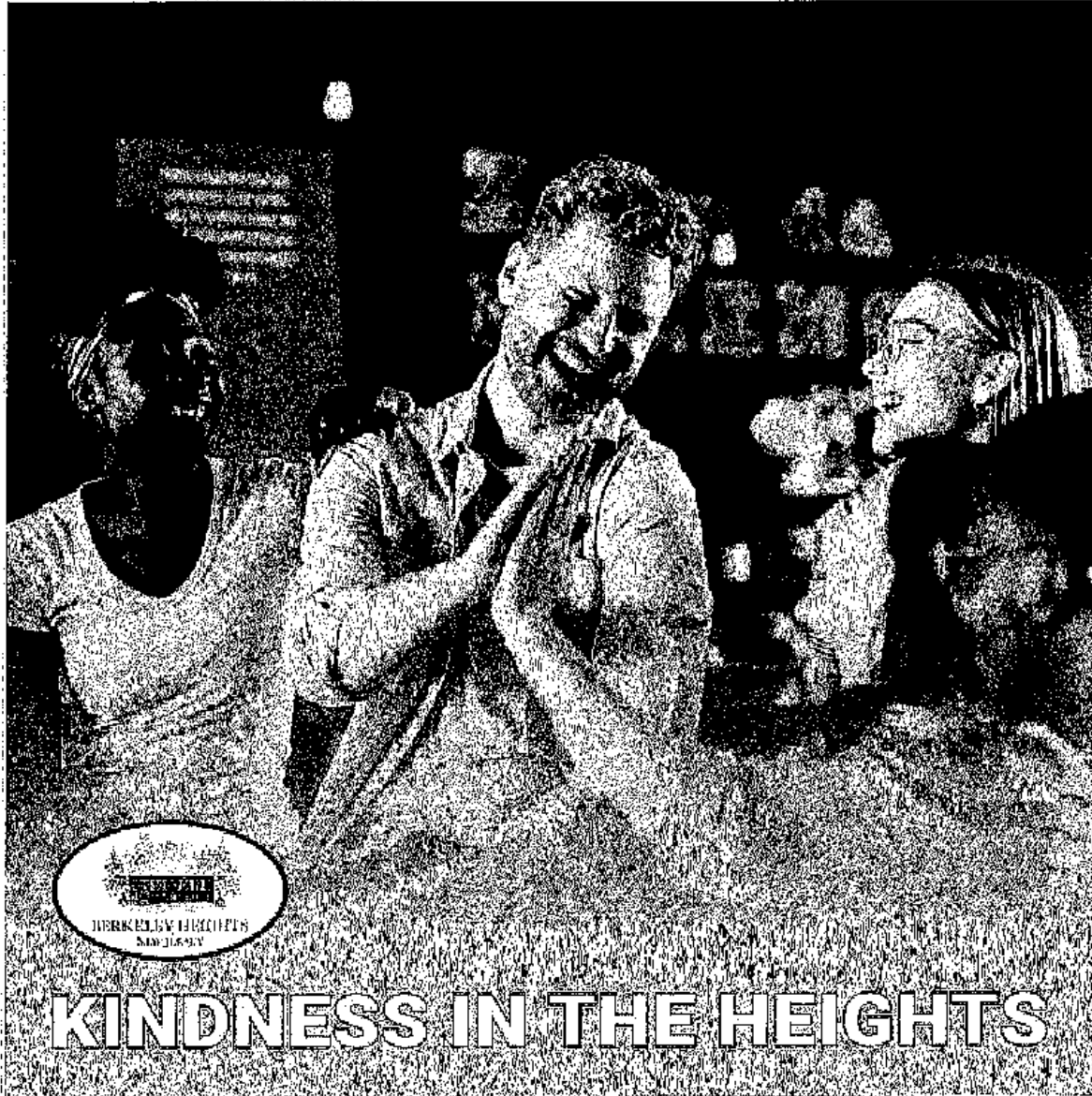
Kindness in the Heights 2025 Campaign

 Sara Rossi · Jan 31 · [Notified 2 people](#)

Hi Liza!

Please see graphics and caption for Kindness in the Heights Campaign. We will post weekly throughout February.

We are recognizing Kindness in the Heights this February! ❤️ Join us as we celebrate kindness and spread joy in our community. Throughout the month, we'll be sharing different ways YOU can get involved and make a difference. Did you know? Smiling can improve your mood and lower stress levels! Today's challenge: leave an uplifting note for a friend, neighbor, or co-worker—let's spread those smiles! For more ideas, visit: <https://www.randomactsofkindness.org/> #KindnessintheHeights



BERK-2025-3005-Acts of Kindness Week - 1 smile.png

Spread kindness with your time! 🕒 Kindness in the Heights reminds us that one of the easiest ways to spread kindness is by giving your time to others. How about volunteering at a local shelter, helping an elderly neighbor with their groceries, or cooking a meal for a loved one? Every little action helps build a stronger community! ❤️ Let's all keep doing our part. Need more ideas? Check out <https://www.randomactsofkindness.org/>

BERK-2025-3005-Acts of Kindness Week - 2 groceries.png

Kindness can be as simple as listening! 🗣️ Sometimes the most powerful act of kindness is simply being there for someone. Take a few minutes today to really listen to someone who might need to talk, whether it's a friend, family member, or colleague. Let them know you care! For more ways to get involved, visit: <https://www.randomactsofkindness.org/> #KindnessintheHeights

BERK-2025-3005-Acts of Kindness Week - 3 listening.png

Spread Kindness with a Simple Gesture! 🧑🏻‍🎧 Send a quick text or make a phone call to check in on someone who needs it, hold the door open for someone, pay for someone's coffee, or give up your seat in a crowd. Small random acts of kindness can create big smiles. Let's do this together! For more ideas, visit: <https://www.randomactsofkindness.org/> #KindnessintheHeights

BERK-2025-3005-Acts of Kindness Week - 4 coffee.png



Feb 5

Sara Rossi, Account Manager

Hi Liza!

Let me know your thoughts on the kindness campaign and we'll get posting.

Thank you!




Feb 5

Liza Viana, Twp Administrator

looks good - please post to FB, Twitter and Insta. Thanks!

March 2025 SM Observances

 Sara Rossi · Feb 19 · [Notified 2 people](#)

Hello!

We are working on the observances for March. Last year we did the SHERO campaign for Women's History Month. Is this something you would like to revisit?

And also posted pictures of employees to recognize Employee Appreciation Day (March 7)! We could do that again. Make a collage if you would like to send some photos.

 Feb 20

Liza Viana, Twp Administrator

No SHERO campaign; no specific pics for Employee Appreciation Day but I'd love a more generic post thanking all of our wonderful employees. I've found that most don't want to be recognized throughout town! Lol 😊

Liza Viana

Township Administrator

Berkeley Heights, NJ

Office: 908-464-2700 ext 2232

lviana@bhtwp.com <<mailto:lviana@bhtwp.com>>



Feb 26

Sara Rossi, Account Manager

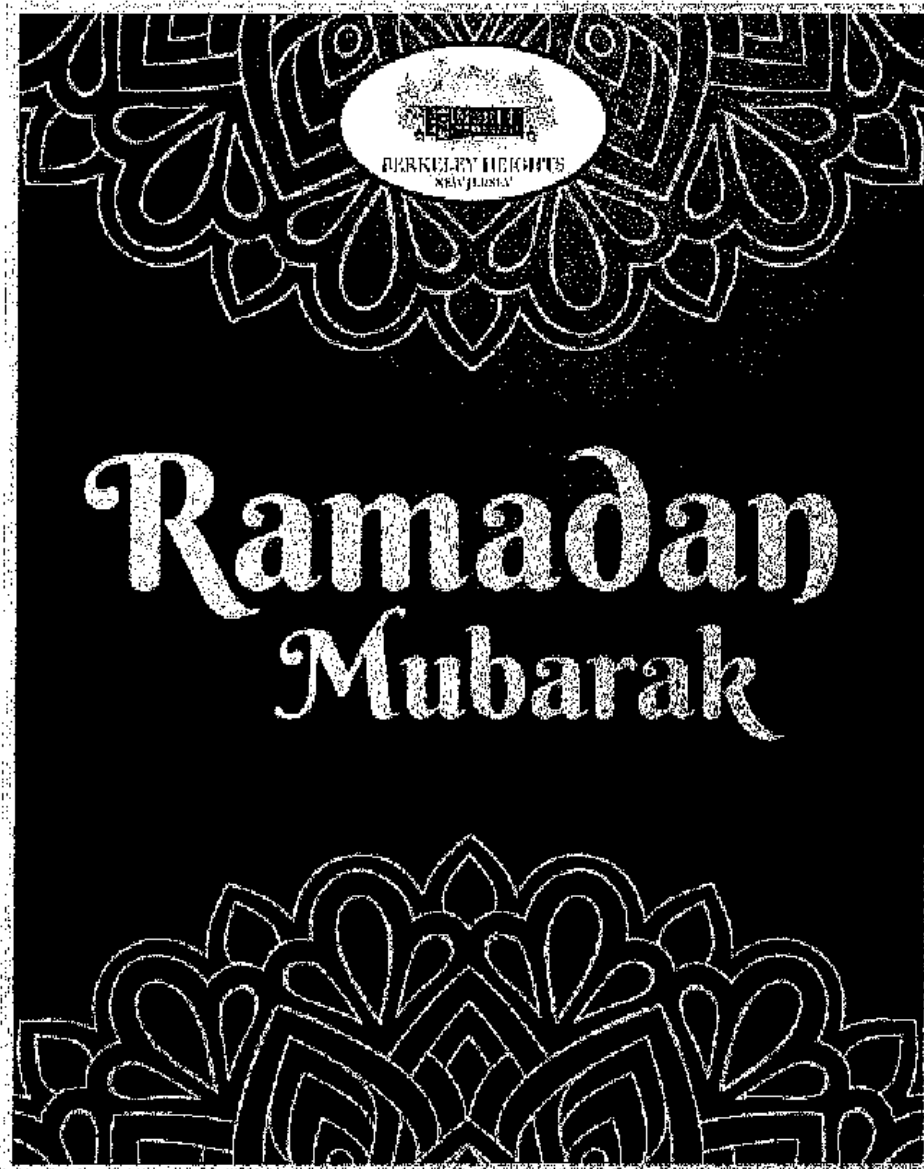
Hello!

Please review the below March observances!

We will be sending Employee Appreciation Day, Holi and St. Patty's asap. Thanks!

Ramadan Posting 2/28

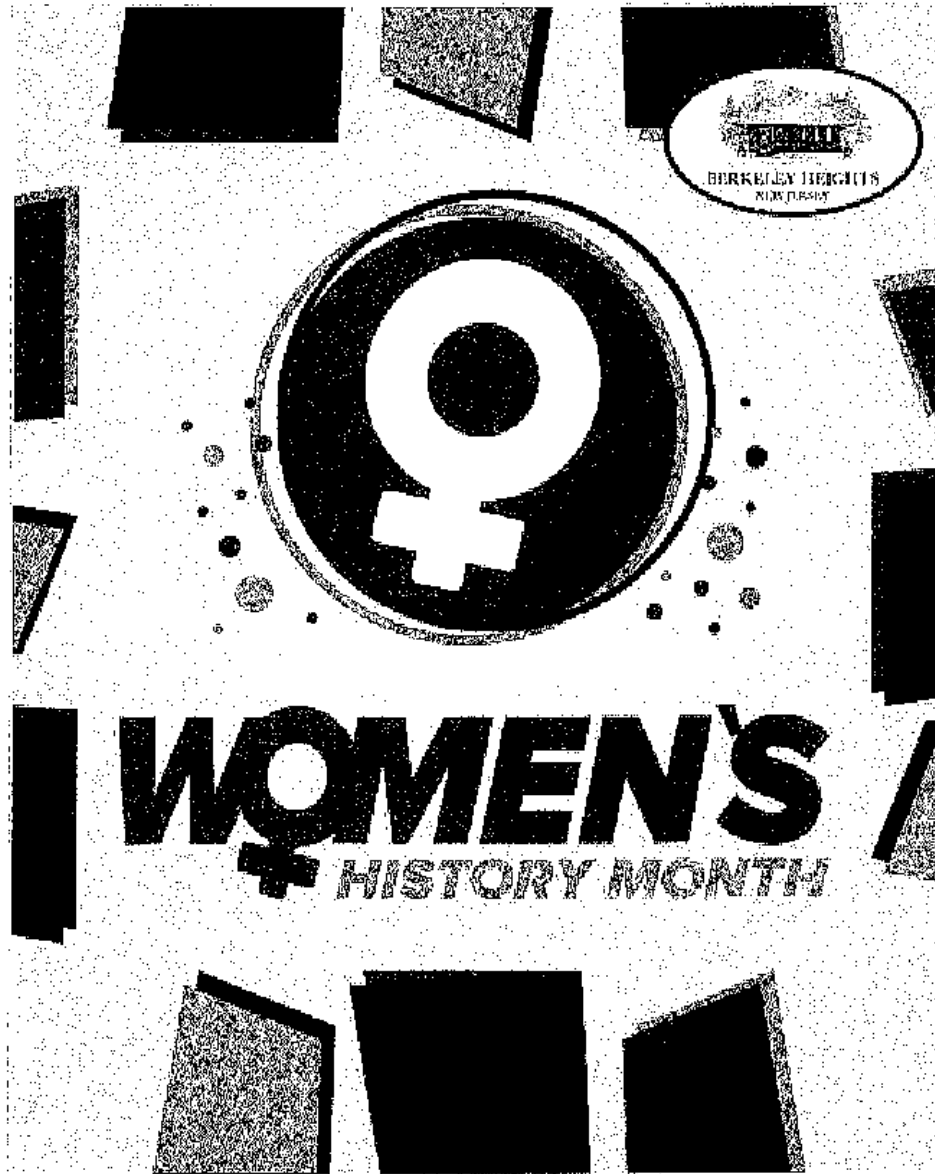
Ramadan Mubarak to all who observe! May this holy month bring you peace, reflection, and spiritual growth. Wishing you strength, happiness, and countless blessings. 🌙



Women's History Month

The Township of Berkeley Heights proudly celebrates the extraordinary women who have shaped history and continue to inspire future generations. Happy Women's History Month! 🎉 Let's honor their achievements, resilience, and contributions as we work toward a more inclusive world. 🌸

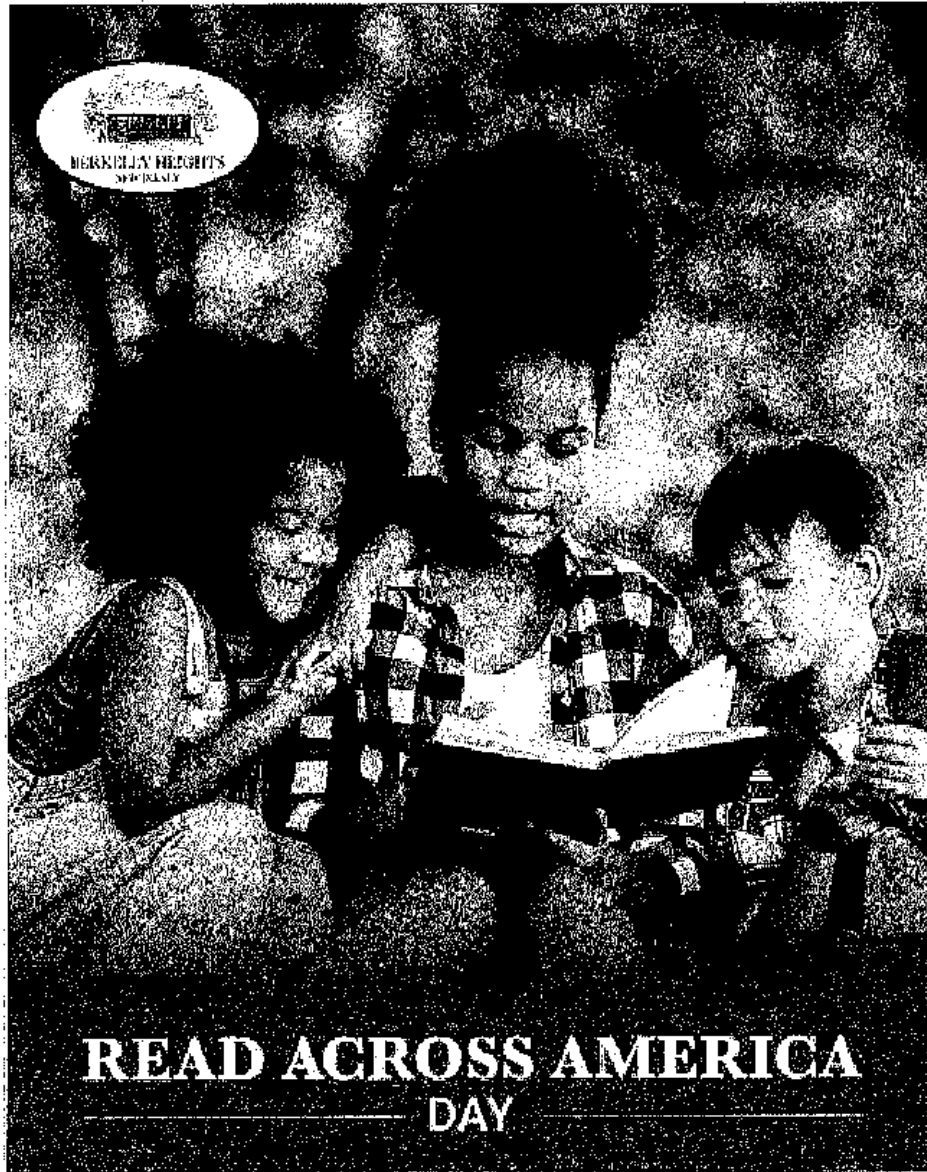
Learn more: <https://www.womenshistorymonth.gov/>



BERK-2024-3006-Q4 Socials-WomensHistory.png

Read Across America Day 3/2

Happy Read Across America Day! Did you know that reading for just 30 minutes a day can introduce you to thousands of new words each year? Expand your mind and celebrate the joy of reading by visiting the Berkeley Heights Public Library! Check out their website for upcoming events and resources: <https://bhplnj.org/>



BERK-2024-3006-Q4 Socials-ReadAcrossAmerica.png

Daylight Savings Time - post 3/8

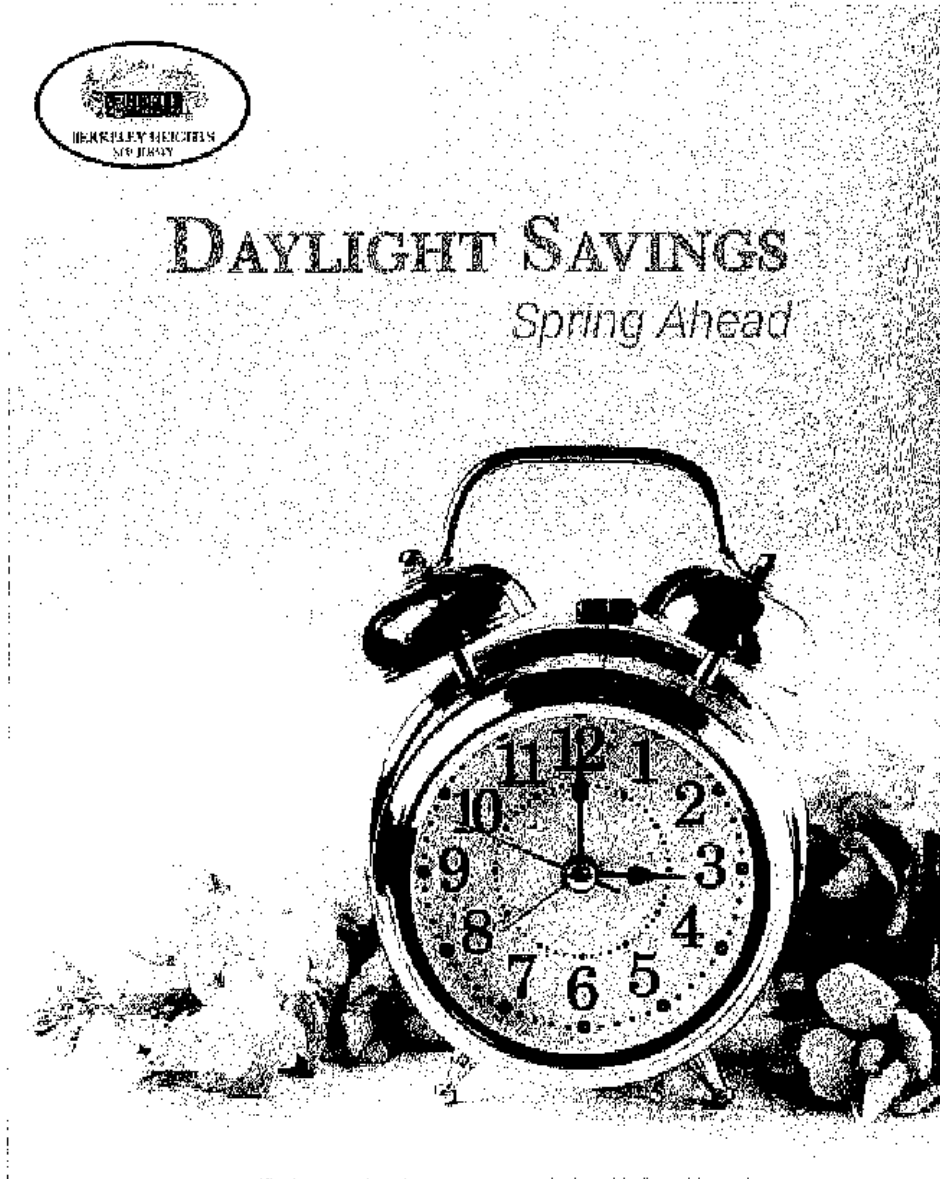
Reminder: Daylight Saving Time begins on March 9! Don't forget to "spring forward" and set

your clocks ahead one hour. Enjoy the extra sunlight and a brighter, longer day ahead! ☀️



DAYLIGHT SAVINGS

Spring Ahead



BERK-2024-3006-Q4 Socials-DaylightSavings.png



Feb 26

Liza Viana, Twp Administrator

When is employee appreciation day?

Liza Viana

Township Administrator

Berkeley Heights, NJ

Office: 908-464-2700 ext 2232

lviana@bhtwp.com <mailto:lviana@bhtwp.com>



Feb 26

Sara Rossi, Account Manager

March 7!



Feb 27

Sara Rossi, Account Manager

Hi!

Are the observances good to go? Thanks!



Feb 27

Liza Viana, Twp Administrator

sure

Liza Viana

Township Administrator

Berkeley Heights, NJ

Office: 908-464-2700 ext 2232

lviana@bhtwp.com <mailto:lviana@bhtwp.com>

Tuesday, March 11, 2025 at 12:47:42 Eastern Daylight Time

Subject: Re: price quote: Berkeley Heights
Date: Tuesday, February 18, 2025 at 7:50:17 PM Eastern Standard Time
From: Liza Viana
To: Sara Rossi, Barbara Russo
CC: kawfoundation@gmail.com, Angie Devanney

Barbara, can you please help Sara? Thanks!

From: Sara Rossi <sara@vmmi.net>
Sent: Tuesday, February 18, 2025 7:39 PM
To: Liza Viana <lviana@bhtwp.com>
Cc: kawfoundation@gmail.com <kawfoundation@gmail.com>; Angie Devanney <adevanney@bhtwp.com>
Subject: Fwd: price quote: Berkeley Heights

Hi!

Would you be able to help? A PO from the township is needed to be sent to UC printing for stickers and step and repeat for the wellness event. Who can I get that from?

Thanks 😊

Begin forwarded message:

From: Christopher Paparella <cpaparella@ucnj.org>
Date: February 18, 2025 at 1:58:31 PM EST
To: Sara Rossi <sara@vmmi.net>
Cc: Christine Bodek <cbodek@ucnj.org>
Subject: price quote: Berkeley Heights

Good Morning Sara,

Please review the quote requested for Wellness event.

Feel free to contact me if you have any questions.

Thank you.

**Chris
Sign Shop
(908) 353-5348.**

<01-18-25 - Berkeley Heights - Banner and Stickers.pdf>

Tuesday, March 11, 2025 at 12:49:13 Eastern Daylight Time

Subject: Re: Union County St Patrick's Day Ad Journal
Date: Tuesday, February 11, 2025 at 3:18:42 PM Eastern Standard Time
From: Liza Viana
To: Sara Rossi

Hi there – no thank you, but looks great!

Liza Viana
Township Administrator
Berkeley Heights, NJ
Office: 908-464-2700 ext 2232
lviana@bhtwp.com

From: Sara Rossi <sara@vmmi.net>
Date: Tuesday, February 11, 2025 at 3:17 PM
To: Liza Viana <lviana@bhtwp.com>
Subject: Fwd: Union County St Patrick's Day Ad Journal

Hi!

I wanted to pass opportunity to place an ad in upcoming UC St. Patrick's Day Ad Journal. Let me know if the Mayor would like to do an ad and we can create one! Or maybe you already did! 😊

Thank you,
Sara

Begin forwarded message:

From: "UC St. Patrick's Day Parade" <info.ucstpatsparade@gmail.com>
Date: February 9, 2025 at 4:09:18 PM EST
To: undisclosed-recipients;;
Subject: Union County St Patrick's Day Ad Journal


Good Evening! As you know, the Union County St. Patrick's Day Parade will take

place on March 15th, celebrating the theme of Youth Sports! This year, we proudly honor our Grand Marshal, Marc Dowling, our Chairwoman, Gabby Sully, and our Parade Adjutant, Jimmy Holmes.

Help us congratulate them and show your support by taking out a page in our Ad Journal! Your ad will not only celebrate Marc, Gabby, and Jimmy, but also contribute to continue to make our parade the biggest and best family parade in New Jersey.

 Submit Your Ad:

 Fill out the digital form here: bit.ly/UCParadeAds25

 Or use the attached form.

For any questions, please reach out to us at info.ucstpatsparade@gmail.com.

We truly appreciate your continued support—without you, this incredible tradition wouldn't be possible.

Sláinte!

Jessica Cunningham
Union County St. Patrick's Day Parade Committee

<UC Parade 2025 AD Book Options.docx.pdf>

Tuesday, March 11, 2025 at 12:56:05 Eastern Daylight Time

Subject: Mailchimp code

Date: Friday, January 3, 2025 at 8:09:36 AM Eastern Standard Time

From: Sara Rossi

To: Liza Viana

Good morning!

I sent a request for mailchimp verification code! Let me know if I need to send it again. Thanks :)



Sara Rossi

Account Manager

Direct Development: Design + Communications

c: (917) 533-3517

1970 Brunswick Ave Suite 2, Lawrenceville, NJ 08648

directdevelopmentpr.com



Tuesday, March 11, 2025 at 12:55:52 Eastern Daylight Time

Subject: Re: Social media
Date: Friday, January 3, 2025 at 12:27:47 PM Eastern Standard Time
From: Sara Rossi
To: Liza Viana

Thank you!

On Fri, Jan 3, 2025 at 9:47 AM Liza Viana <lviana@bhtwp.com> wrote:

You can share BHVRS, Rec, PD, Fire Department, and library – as a general rule. Also, anything interesting or helpful from Union County, State of NJ when it comes to taxes or emergencies, or services extended to local residents.

Liza Viana

Township Administrator

Berkeley Heights, NJ

Office: 908-464-2700 ext 2232

lviana@bhtwp.com

From: Sara Rossi <sara@directdevelopmentpr.com>
Date: Thursday, January 2, 2025 at 4:44 PM
To: Liza Viana <lviana@bhtwp.com>
Subject: Re: Social media

Hi Liza

Happy New Year!

I looped Phil in (copied) on the request. We are happy to help with posting to social media. We do have the credentials for the platforms mentioned and I will sign up for the alerts.

In regards to sharing other entities, those entities are BHVRS, Recreation, and PD? Who should not be shared? And understood those affiliates are not to be shared on the Forum.

Thank you,

Sara

On Jan 2, 2025, at 1:46 PM, Liza Viana <lviana@bhtwp.com> wrote:

Hi Sara,

We'd like you guys to take over posting to our social media and sharing things from our township page to the Berkeley Heights Community Forum. Do you have the login information for our Facebook, Twitter and Instagram? I've been sharing items from our website to the social platforms but I need to not take up my time in doing that anymore. If you guys can take it over, that would be great. For example, I'm adding new items to the website now under "Township News" that need to be added to social: <https://berkeleyheights.gov/>

Do you get our news alert texts on your phone or email? Every time we add something to the "Township News" section of our website, an alert goes out. That's the best way for you to know if we need something posted to social.

And most things we post on our FB page (original content), not things we are sharing from other entities, should also be shared with this FB forum. When you are posting on that forum/community group, if there's ever anything you see that you think I/we need to respond to, please let me know. There isn't, most of the time, but sometimes something crops up.

Thank you!

<image001.png>

Liza Viana

Township Administrator

Berkeley Heights, NJ

Office: 908-464-2700 ext 2232

lviana@bhtwp.com

Tuesday, March 11, 2025 at 12:54:41 Eastern Daylight Time

Subject: Re: Forum post re: water
Date: Monday, January 6, 2025 at 10:46:01 AM Eastern Standard Time
From: Sara Rossi
To: Liza Viana

Yes to take a look. Ok sounds good. Thanks

I'll have the newsletter ready for review by eod. I haven't heard back from rec or library so I'll see what's on websites to pull current content.

On Jan 6, 2025, at 10:22 AM, Liza Viana <lviana@bhtwp.com> wrote:

You mean flag for me to look at? Yes – but in this case, they need to call NJ American Water directly, since we don't provide our residents with water service. Thanks, though!

Liza Viana
Township Administrator
Berkeley Heights, NJ
Office: 908-464-2700 ext 2232
lviana@bhtwp.com

From: Sara Rossi <sara@directdevelopmentpr.com>
Date: Monday, January 6, 2025 at 6:33 AM
To: Liza Viana <lviana@bhtwp.com>
Subject: Forum post re: water

Good morning!

I hope you had a nice weekend!

Would this be a flagged post? See attached

<image.png>

Subject: Forum post re: water
Date: Monday, January 6, 2025 at 6:33:22 AM Eastern Standard Time
From: Sara Rossi
To: Liza Viana
Attachments: image.png

Good morning!

I hope you had a nice weekend!

Would this be a flagged post? See attached



Subject: January Newsletter
Date: Monday, January 6, 2025 at 1:38:34 PM Eastern Standard Time
From: Sara Rossi
To: Liza Viana

Hi!

See link for newsletter. Have you received any event info for Chinese New Year?

[https://us5.campaign-archive.com/?e=\[UNIQID\]&u=6da64eaaf2687b078b4c42056&id=47ab9972dc](https://us5.campaign-archive.com/?e=[UNIQID]&u=6da64eaaf2687b078b4c42056&id=47ab9972dc)



Sara Rossi
Account Manager

Direct Development: Design + Communications
c: (917) 533-3517
1970 Brunswick Ave Suite 2, Lawrenceville, NJ 08648
directdevelopmentpr.com



Tuesday, March 11, 2025 at 12:53:48 Eastern Daylight Time

Subject: Re: FW: Mayor's wellness book club
Date: Monday, January 6, 2025 at 3:12:47 PM Eastern Standard Time
From: Sara Rossi
To: Liza Viana

Great! Thanks

On Mon, Jan 6, 2025 at 3:01 PM Liza Viana <lviana@bhtwp.com> wrote:

Liza Viana
Township Administrator
Berkeley Heights, NJ
Office: 908-464-2700 ext 2232
lviana@bhtwp.com

From: Ann Marie Sieczka <asieczka@bhplnj.org>
Date: Monday, January 6, 2025 at 3:00 PM
To: Liza Viana <lviana@bhtwp.com>
Cc: asteinbauer@bhplnj.org <asteinbauer@bhplnj.org>
Subject: Mayor's wellness book club

Hi Liza ~

Sending on Amy's behalf

Tuesday, March 11, 2025 at 12:52:36 Eastern Daylight Time

Subject: Re: Newsletter

Date: Tuesday, January 7, 2025 at 1:03:46 PM Eastern Standard Time

From: Sara Rossi

To: Liza Viana

Hi!

Added :)

On Tue, Jan 7, 2025 at 9:25 AM Liza Viana <lviana@bhtwp.com> wrote:

Hi Sara – can you please add a Fatberg post high up in the newsletter, above the police stuff?

<https://www.berkeleyheights.gov/CivicAlerts.aspx?AID=881>

With pictures - thanks

Liza Viana

Township Administrator

Berkeley Heights, NJ

Office: 908-464-2700 ext 2232

lviana@bhtwp.com

Tuesday, March 11, 2025 at 12:52:22 Eastern Daylight Time

Subject: Re: flyer for Happening In the Heights
Date: Wednesday, January 8, 2025 at 10:32:54 AM Eastern Standard Time
From: Sara Rossi
To: Liza Viana

Hi!

Yes will do! Has content come your way for MLK and Chinese New Year?

On Jan 8, 2025, at 9:38 AM, Liza Viana <lviana@bhtwp.com> wrote:

Hi Sara, can you please add Sharon to your list of people to contact for newsletter content each month? She is president of the Friends of the Library – a nonprofit that raises funds and awareness for our library. Thank you!

Liza Viana
Township Administrator
Berkeley Heights, NJ
Office: 908-464-2700 ext 2232
lviana@bhtwp.com

From: Sharon Loeb [REDACTED]
Date: Wednesday, January 8, 2025 at 9:35 AM
To: Liza Viana <lviana@bhtwp.com>
Subject: Re: flyer for Happening In the Heights

THANK YOU! I am not getting those emails and appreciate it very much if you can add us to her list.

Can I impose on you a bit more?? Is there any way to have our event appear on that sign at the corner of Springfield and Plainfield? One of our board members suggested this yesterday and I loved the idea, but am not sure where to get started.

Also, we were wondering if some other township groups, like the Senior Affairs committee, or Recreation Department, might promote this event and the Friends as a way to get involved in the community. We'd love to promote the event to them to pass along. How do I find the best contacts for these groups?

Finally, I'd love to get together again for a beverage and evening out. Are you in? If so, let me know when you are available and we'll plan something. I'm happy to keep you company while your son is in tennis again. I'd really enjoy it, in fact!

Cheers,
Sharon

On Wed, Jan 8, 2025 at 9:20 AM Liza Viana <lviana@bhtwp.com> wrote:

Yes! I'm finalizing it now – will definitely include this. Are you not getting the emails from Sara at Direct Development asking for content each month? If not, I will add you to her list

Liza Viana
Township Administrator
Berkeley Heights, NJ
Office: 908-464-2700 ext 2232
lviana@bhtwp.com

From: Sharon Loeb [REDACTED]
Date: Tuesday, January 7, 2025 at 4:10 PM
To: Liza Viana <lviana@bhtwp.com>
Subject: flyer for Happening In the Heights

Hi Liza,

Will there be a newsletter this month? If so, is it possible to include this flyer for our meet & greet, happening on 1/21 at the library?

Thank you,
Sharon

Tuesday, March 11, 2025 at 12:51:58 Eastern Daylight Time

Subject: Picture of Town Hall

Date: Thursday, January 16, 2025 at 2:11:58 PM Eastern Standard Time

From: Sara Rossi

To: Liza Viana

Hi Liza!

Do you happen to have a clear picture of Town Hall that we could use for EDC project we are working on? The one I have is lower resolution. Thanks 😊

Tuesday, March 11, 2025 at 12:51:39 Eastern Daylight Time

Subject: Re: flyer for BHM

Date: Wednesday, January 22, 2025 at 2:12:54 PM Eastern Standard Time

From: Sara Rossi

To: Susan Poage

CC: Angela Lazzari, Liza Viana, Sara Rossi, John Foster, Angie Devanney

Will do ! Thank you

SMWR 

On Jan 21, 2025, at 9:56 PM, Susan Poage <spoage@bhtwp.com> wrote:

Please post to all places that are appropriate.

<black history month flag raising 2025.pdf>

Subject: Fwd: Newsletter Berkeley Heights Green Challenge 2025
Date: Wednesday, January 29, 2025 at 7:23:01 AM Eastern Standard Time
From: Sara Rossi
To: Liza Viana
Attachments: CADAC200-F069-476A-8863-6E841A7C6060.jpeg

Good morning!

Fyi- I received the below yesterday evening and will add to the newsletter today.

Begin forwarded message:

From: nirit rotenberg [REDACTED]
Date: January 28, 2025 at 6:25:18 PM EST
To: Sara Rossi <sara@directdevelopmentpr.com>
Cc: Natalie Chin and Angus Chen [REDACTED], Angus Z Chen [REDACTED], Rich Leister [REDACTED]
Subject: Re: Newsletter Berkeley Heights Green Challenge 2025

Hi Sara,

[Could you add this to the newsletter with the photo attached? Thank you.](#)

[Join the Berkeley Heights Green Challenge for 2025](#) 

[The Berkeley Heights Green Challenge is a voluntary commitment to help our community be more sustainable! There are ten simple actions that will help with flooding, energy efficiency, saving money, waste, and air pollution. You can email \[BHGreenChallenge@gmail.com\]\(mailto:BHGreenChallenge@gmail.com\) if you have any questions and need help completing the actions. We need at least 2.5% of the town to commit themselves to taking on this challenge! Use the link to sign up: <https://forms.gle/reSgpj5krLJExYDY7>](#)

<https://vectorportal.com/vector/planet-earth/36284>



Subject: Fwd: QR codes for event
Date: Wednesday, February 19, 2025 at 11:24:03 AM Eastern Standard Time
From: Sara Rossi
To: Liza Viana
Attachments: waiver qr-code.png, event response qr-code.png, registration qr-code.png

Begin forwarded message:

From: John Foster <jfoster@bhtwp.com>
Date: February 13, 2025 at 12:04:22 PM EST
To: sara@vmmi.net
Subject: QR codes for event

Sara,
I have attached the qr codes I generated for each form.
Event registration, event response, and waiver form.et me know if thses help. I can adjust any of the forms as need and add whatever you may think we need
Thanks
John

--- Forwarded message ---

From: John Foster jfoster@bhtwp.com
Date: February 12, 2025 10:20:18 PM
Subject: QR codes for event
To: Angie Devanney adevanney@bhtwp.com, Laura Kapuscinski [REDACTED]

I have attached the separate QR codes for the event.
Let me know who else to send to or just send to whole group.
Thanks,
John





